

Peace means proving you care more about each other than winning an argument.

WEEK
2
1ST

Read Colossians 3:15

DAY

1

Peace Umpire

Have you ever been at a baseball game and the umpire called someone out? It's not always an easy call for the umpire to make, but the umpire always has the final say. Read Colossians 3:15. This verse tells us to let our hearts be guided by peace. Another way to look at it is to let peace be the "umpire" of our hearts and minds. That means peace has the final call! Talk to an adult about what you think it would look like if you allowed peace to be your "umpire"? For one whole day allow peace to have the final say and be your motivation.

Ask God to help you let peace be your umpire.

DAY

2

Peace Please

God made peace with us through Jesus dying on the cross. He wants us to make peace with others. Have you ever thought about what you would do to make peace with someone? Take a minute to think of someone that you need to make peace with. Now think of something you can do to make peace with this person. You could write them a note or draw a picture for them. You could bake a special treat for them. Take action on making peace with others starting with this one person.

Look for ways to make peace with others!

DAY

3

Peace Plates

Sometimes the people you live with can be the hardest people to make peace with. Ask an adult to help you find a thin paper plate, some tape, and some watercolor paints or markers. Have them place the tape on the plate to create a peace sign. Now fill in the entire plate with color. Once you are finished, peel off the tape to reveal your "peace plate." Place this in the middle of your family's kitchen table and at dinner, use the plate to point at each person and allow everyone to share a time when they chose peace!

Remember to choose to make peace with everyone!

DAY

4

Peace Play

Grab a large metal pot and wooden spoon to create some loud music for 10 seconds. Now, find a quiet place outside to sit and be still for a full minute. When we choose not to make peace with those around us, it feels like the loud noise we made banging the pot and spoon. But when we choose to make peace with others, it feels like the quiet, peaceful space. Ask God to help you make peace with everyone!

Dear God,

Thank you for making peace with us. Give me the courage to make peace with those around me, as well. In Jesus name, amen.

We can make peace with others.

PARENT CUE

Directions: How many times can you make the word "PEACE" out of the letters below?
HINT: Cross out each letter as you use it.



How many times did you find peace? _____

Peace means proving you care more about each other than winning an argument.

WEEK
2
2ND-3RD

DAY 1

Read 2 Corinthians 13:11

Think about the last argument or disagreement you had with someone. What was it about?

Peace takes work. It's easy to get angry. It's much harder to work towards peace. Paul included these words at the end of his letter to the church in Corinth.. Paul tells us to work, to help, to agree, and to live in peace.

So, what was your last argument about and who was it with? Do you need to apologize for something you said or did when you argued? **Ask God to help you do the right thing, to say what you need to say so you can work towards peace.**

DAY 2

Read Ephesians 4:3

Raise your hand if you love building with LEGO® blocks?

LEGO blocks are awesome but they aren't indestructible. In fact, the bigger the set, the more careful you have to be to protect it. Because if it gets knocked over, it's super frustrating to go back through all those instructions to put it back together. But with time and work, it can be fixed.

When Paul wrote these words, there were Jewish believers and Gentile believers and now they were all worshipping together. Each side had their own ideas and sometimes they clashed. So, keeping the peace took work. Paul wrote to remind them that because of Jesus, they really were one.

Peace is possible but we need the Holy Spirit to help us. Thankfully, we don't have to do it alone. When you trust in Jesus, you have help to live the way He wants you to live.

Carefully grab your favorite Lego creation or something else that's breakable and important to you. **Ask God to help you protect your relationships with others (just like you work to protect your favorite things) so you can keep the peace.**

DAY 3

Read Colossians 3:15

Ask an adult to help you find some recyclable materials to build a bridge. Here are a few ideas:

- ➔ Toilet paper or paper towel tubes
- ➔ Cardboard / Paper
- ➔ Empty cereal or other small boxes

Set a timer for ten minutes and build a bridge using only the materials you've gathered.

When you have an argument or disagreement, peace can help you rebuild that relationship. **Peace is like bridge.** And the good news is, we don't have to keep the peace alone. We have help!

Go grab some tape or glue. Use it to connect the parts of your bridge to make it stronger. Once it's finished, grab a car or something else that rolls and see if your bridge holds up.

Remember, Christ gives us His peace to rule in our hearts. That means we can't really have peace without His help. He's like the glue holding everything together. Leave your bridge up this week as a reminder to "live in peace" with others.

DAY 4

Read Numbers 6:24-26

God spoke these words to Moses as a message to give to the Israelites. It was a blessing He wanted Aaron (Moses' brother) and Aaron's sons to pray over the people. It was a reminder of God's goodness, His love and care for them and His promise to bring them peace.

Who are you having a hard time getting along with? Do you have the courage to pray these words over that person? Do you need to ask God to help you?

Pray and tell God you're sorry for your part of the argument. Ask Him to help you keep the peace. Then, write in the name of the person you're fighting with in all the blanks below and repeat the verse aloud. (Go into your closet or the bathroom if you want to be on your own as you pray.)

"May the Lord bless _____ and take good care of _____.

May the Lord smile on _____ and be gracious to _____.

May the Lord look on _____ with favor and give _____ peace."

*We can make
peace with others.*

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHO

do you need to make peace with?

PEACE

PROVING YOU CARE
MORE ABOUT EACH
OTHER THAN WINNING
AN ARGUMENT

Day 1

Go to <http://bit.ly/SundaysAtHomePreeteen> and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____



Day 2

Read Colossians 3:15

As you read Colossians 3:15, come up with motions for the verse to help you memorize it, like the peace sign for 'peace,' placing a pretend crown on your head for 'rules,' your hand over your heart for 'heart,' etc.

Repeat the verse in front of the mirror a few times using your motions. For bonus points, start each day this week by repeating the verse with motions, reminding yourself that you can make peace with others.



Day 3

From time to time, we all have people that we struggle to get along with.

Whether it's a sibling, a friend, or a teammate or classmate that you don't see eye to eye with, it may feel impossible to make peace. The great news is that you're not in this alone! As Paul reminds us in Colossians 3:15, the peace we can offer to others is given to us by Jesus. All we need to do is ask Him for help, and we can make peace with others. Take a minute to think about who you might need to make peace with, and then personalize this prayer out loud to ask God for help.

"Dear God, thank You for making peace with us so that we can make peace with others. I know I can make peace with _____ even though _____ because _____ Jesus offers peace to me. Please help me to take steps this week toward making peace with _____. Show me how I can do that, and give me the courage and strength to follow through. In Jesus' Name, I pray. amen."

Day 4

We can make peace with others.

Sometimes making peace with others involves apologizing or giving up something. Sometimes it looks like reaching out to be encouraging or kind. And sometimes you may not know the best way to make peace, you just know you should.

Today, go and find a friend you trust and talk to them about ways you can make peace with the person you prayed about yesterday. Brainstorm together how you can reach out and offer peace.

If you get stuck, try going on a walk together or grab some paper and doodle while you talk. Moving your body or doodling can help you focus and unleash your creativity!

Day 5

Who do you need to make peace with?

Today, take one step toward making peace with the person you know you need to make peace with. What would that look like? Think back to the conversation you had yesterday for ideas. If you're currently in an argument with this person, it could be finding them to apologize. Or if it's someone you just generally struggle to get along with, you could send them a nice text (funny memes are always a win!) or write them an encouraging note.

It's not always easy to be the person who takes the first step toward making peace with others, but the end result is worth it! You might say peace is worth fighting for.

