

# Confidence means learning to see yourself the way God sees you.

WEEK  
**2**  
1ST

Read Jeremiah 29:11

DAY

**1**

## Uh-Oh

Sometimes not everything goes according to plan. Even so, God is always with us. Talk with a parent about what you could do right when a situation goes wrong! (Parents: Talk through the scenarios below with your kid. Help them figure out what doing the right thing looks like.)

1. You are at school and see your friend left their tablet on the bus. Do you: keep it OR find your friend and give it back?
2. Your friend is really scared because they are moving to a new town. What could you do or say to encourage them?

**Know you can always ask God to help you do the right thing.**

DAY

**2**

## That's the Plan!

In this week's Bible story God told Joshua to march around the city of Jericho seven times and the walls would fall and his people could take over the city. Joshua listened to the plans God made and it was so much better than he could have imagined! Ask God to help you this week when things don't go as planned.

**"Dear God, Sometimes I think I have a really good idea and it doesn't work. I can get super disappointed and upset. Please remind me of the story of Joshua and the walls of Jericho. Thank you for having the best plan. Amen."**

DAY

**3**

## Ah, Success!

Grab an adult and look up Jeremiah 29:11. Read it together a few times. Now, look for the word "success" or "prosper" within the verse. With a parent, ask these questions: What have you done in your life that has been a success? What is something at which you want to succeed? Imagine all you can do if you make God part of your plan!

**Think about something you want to do that you could ask God to help you with.**

DAY

**4**

## Plan a Walk

On the left side below are the plans for a great walk. Uh oh, the plan is all jumbled! Use the numbers in front of each sentence and put them in order on the lines on the right. Then, go for a walk!

1. Open door and step outside. \_\_\_\_\_
2. Have fun! \_\_\_\_\_
3. Ask an adult. \_\_\_\_\_
4. Put on shoes. \_\_\_\_\_

**Look for ways that you can add God to your plans!**

Answers: 3,4,1,2

*God's plan is the best plan.*



# Confidence means learning to see yourself the way God sees you.

WEEK  
2  
2ND-3RD

DAY 1

## Read Psalm 33:11

Do you have a calendar on the wall in your house or on the computer? Last year, right before the pandemic hit, calendars were full of activities! And then, as things started shutting down, pretty much everything on our calendars had to be erased or rescheduled. All those plans went right out the window! We have a little less confidence in the plans we make after 2020.

Thankfully, God doesn't have to write His plans in pencil. His plans stand firm, always. Nothing can stop God. We can trust God because He is in control. And even when things around us seem completely messy, God is the same yesterday, today and forever! He is always loving, always available, always GOOD and always completely trustworthy. **We can have confidence because God's plan is the best plan.**

Write out the words of today's verse on a sticky note and place it next to your family calendar. At your next family meal, read this verse and thank God for the reminder that you can trust that His plan is the best plan.

DAY 2

## Read Proverbs 3:5-6

If there was a "greatest hits" list of verses from the Bible, this verse would probably make the top ten. Let's break this verse down into four parts.

### **"Trust in the Lord with all your heart."**

To trust simply means to put your faith or confidence in. When we put our confidence in God, we admit that His way is WAY better than ours.

**"Do not depend on your own understanding"** We will never know all that God knows. That's why trusting only in what we know or our own understanding isn't the best way to go.

**"In all your ways obey him"** Because God knows and sees all, and because His plans are the BEST plans, we should let God lead us.

**"Then he will make your paths smooth and straight."** When we obey him, we'll always be headed in the right direction.

Write out the words of the verse on index cards and arrange them in a windy path. Set a timer and see how long it takes you to walk along the path as you repeat the verse. Then line up the cards in a straight path. Time yourself a second time as you walk along and repeat the verse. Which was faster and easier?

DAY 3

### Read Psalm 32:8

When you read the last part of today's verse, what do you think about? Did you know that God has His eye on you? It's true! God sees you. Not in a "he knows if you've been bad or good so be good for goodness sake" kind of way. God sees you. He knows you. He looks on you with love.

**God keeps watch over us so He can instruct and teach us.** Following God will always lead us in the right direction, not just because He knows all, but because He loves us. We can have confidence in God, knowing that His plans are the best plans.

*God's plan is the best plan.*

DAY 4

### Read Proverbs 16:9

March around city seven times + Blow trumpet = Conquer city

That might seem like the least likely way to conquer a well defended city. But that's what God told Joshua to do! Joshua chose to trust God's plan of marching, counting, and trumpeting. On the seventh day, after they'd marched around the city seven times, the priests blew their trumpets, the people shouted and the walls came TUMBLING down! God's plan was bigger and better than any plan Joshua might have come up with on his own!

Today's verse reminds us that while planning and thinking ahead is perfectly fine, our trust and our confidence has to be in the Lord. We need to ask Him to show us where to go. **We might make a plan but God is the one who holds the future.**

So what are you thinking about lately? Are you making a plan for the summer? Are you trying to decide whether to play baseball or soccer? Ask God to help show you what to do. Spend some time today sharing your plan with God and ask Him to help you "establish your steps" and show you where to go.

## Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHEN I HAVE  
YOU NEEDED  
A PLAN?



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Week 2



## Day 1

Go to [bit.ly/SundaysAtHomePreteen](http://bit.ly/SundaysAtHomePreteen) and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

### SO & SO TOP 3

After watching, write one thing that:

1. You liked: \_\_\_\_\_

\_\_\_\_\_

2. You learned: \_\_\_\_\_

\_\_\_\_\_

3. You'd like to know: \_\_\_\_\_

\_\_\_\_\_

## Day 2

**Read Joshua 5:13–6:20**

As you read Joshua 5:13–6:20, circle all of the numbers you see. Then put a tally mark beside each number below for each time that number was mentioned.

6

7

Wow, that's a lot of numbers—God had a very specific and detailed plan! If He had this much planned for one week in the lives of the Israelites, can you imagine how much He has planned for every day of your life? And because you can trust God no matter what, you can trust that God's plan is the best plan!

## Day 3

**What is something coming up in your life that you could use a plan for?**

Take some time to talk to God about the situation and ask Him for help in figuring out His plan and following it. As you pray, march around your room—or even your house.

You may feel a little silly marching around, but as you do, think about how the Israelites may have felt, marching day after day, but never actually taking over the city until God told them to. But by trusting God's plan, they were able to defeat the city of Jericho!

Start out your prayer by thanking God for the example of Joshua and the Israelites to remind us that His plan is the best plan. Then talk to Him about what's going on in your life, ask Him to show you His plan and to give you the strength and courage to follow it.

## Day 4

**King Solomon wrote this wisdom in Proverbs 19:21 (NIV): "A person may have many plans in their heart. But the Lord's purpose wins out in the end."**

Anyone who has been following God for any length of time has likely experienced a time when they had a plan, but then God revealed His plan, which turned out to be the very best plan of all. Hearing these stories gives us confidence that we too can trust God with our plans, so today, find 2-3 adults who follow God and interview them using the questions below.

- 1) Have you ever been surprised by God's plan?
- 2) If so, how did it turn out to be better than your plan?
- 3) How did following God's plan change how you lived with confidence?

You can email or text them for their answers. If you interview them in person, you can record their answers by writing them down, recording them with a voice memo app, or even filming them (with their permission). Then save their answers for tomorrow.

## Day 5

**When have you needed a plan?**

You hopefully gathered a lot of wisdom yesterday from interviewing people. Keep the things you learned from your interviews in mind as you answer the questions below.

- ➡ What do I need a plan for? What is my plan?
- ➡ What can I do if things don't go according to my plan?
- ➡ What do I think God's plan is (if you think it's different from your own)?
- ➡ How can you begin today to follow God's plan?

Hang your game plan somewhere you will see it each morning as you seek to live out God's plan—the best plan!

