

Press Play: Get in the Mix

Use this guide to help your family learn how
God can help us live with confidence.

First, watch
this week's
video!

Confidence:
learning to
see yourself
the way God
sees you

Memory Verse

"I remain confident
of this: I will see
the goodness of
the Lord in the land
of the living."
Psalm 27:13, NIV

Bible Story

Gideon
Judges 6–8

Bottom Line

God can use you
no matter what.

Activity

Four Corners

What You Need:

Sticky notes and a pencil/pen (*optional*)

What You Do:

Tell your child that you're going to play "four corners"—but in a different way than they may be used to.

Find a room in your house that you can pretty easily move around in. Designate the corners as corner one, two, three, and four. (Make sure your child is clear on which corner is assigned to which number. You could affix numbered sticky notes onto the wall at each corner.)

Say, "For each round, I'm going to list four characteristics that God has given people. Then, you choose which one applies to you the most. If it's option one, you'll go to corner one. If it's option three, you'll go to corner three. Got it?"

Then, read from the list below. After each round, ask your child to explain their choice. (Play along by running to the corner that best applies to you!)

Four Corner options:

Round 1

(1) Great singing voice, (2) the ability to make people laugh, (3) A math brain, (4) Good fashion sense

Round 2

(1) Artistic ability, (2) A love for sports, (3) Someone who can make people feel welcome, (4) Good at playing games

Round 3

(1) Good at writing, (2) Organized, (3) Loves to cook or loves food, (4) Likes to build things

Round 4

(1) Really good helper, (2) Strong, (3) Full of creative ideas, (4) Can run fast

Round 5

(1) Loves music, (2) Generous, (3) Thinks ice cream is the best thing ever, (4) Can remember lots of lines from movies

Talk About the Bible Story

In our story today, who were the Midianites? (*People who took over the Israelites' land*)

What did the Israelites do when they lost their land? (*They asked God for help.*)

Who did God use to save the Israelites? (*Gideon*)

How did God use Gideon? (*With God's power and help, Gideon and 300 men conquered the Midianites.*)

Do you ever feel like Gideon did—like you're not good enough for God to use you?

Parent: Share about a time when you felt useless or like you weren't enough, but God changed your mind and gave you confidence.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for this amazing story about Gideon. You used Gideon even though he didn't feel smart enough, good enough, or powerful enough to beat the Midianite army. The truth is, You are a big, great, LOVING God who wants to use us no matter what! Show us how we can make a difference and help the people around us. We love You. Amen."

First, watch
this week's
video!

Confidence:
learning to
see yourself
the way God
sees you

Memory Verse

"I remain confident
of this: I will see
the goodness of
the Lord in the land
of the living."
Psalm 27:13, NIV

Bible Story

Gideon
Judges 6–8

Key Question

How could
God use you?

Use this guide to help your family learn how
God can help us live with confidence.

Activity

Four Corners

What You Need:

Sticky notes and a pencil/pen (*optional*)

What You Do:

Tell your child that you're going to play "four corners"—but in a different way than they may be used to.

Find a room in your house that you can pretty easily move around in. Designate the corners as corner one, two, three, and four. (Make sure your child is clear on which corner is assigned to which number. You could affix numbered sticky notes onto the wall at each corner.)

Say, "For each round, I'm going to list four characteristics that God has given people. Then, you choose which one applies to you the *most*. If it's option one, you'll go to corner one. If it's option three, you'll go to corner three. Got it?"

Then, read from the list below. After each round, ask your child to explain their choice. (Play along by running to the corner that best applies to you!)

Four Corners options:

Round 1: (1) Great singing voice, (2) the ability to make people laugh, (3) A math brain, (4) Good fashion sense

Round 2: (1) Artistic ability, (2) A love for sports, (3) Someone who can make people feel welcome, (4) Good at playing games

Round 3: (1) Good at writing, (2) Organized, (3) Loves to cook or loves food, (4) Likes to build things

Round 4: (1) Really good helper, (2) Strong, (3) Full of creative ideas, (4) Can run fast

Round 5: (1) Loves music, (2) Generous, (3) Thinks ice cream is the best thing ever, (4) Can remember lots of lines from movies

Talk About the Bible Story

In our story today, who were the Midianites? (*People who took over the Israelites' land*)

What did the Israelites do when they lost their land? (*They asked God for help.*)

Who did God use to save the Israelites? (*Gideon*)

How did God use Gideon? (*With God's power and help, Gideon and 300 men conquered the Midianites.*)

Do you ever feel like Gideon did—like you're not good enough for God to use you?

Can you think of some ways that God has used you in the past?

What are some qualities that God has given you as an individual? How could you use those qualities to make a difference in the lives of others?

Parent: Share about a time when you felt useless or like you weren't enough, but God changed your mind and gave you confidence.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for this amazing story about Gideon. You used Gideon even though he didn't feel smart enough, good enough, or powerful enough to beat the Midianite army. The truth is, You are a big, great, LOVING God who wants to use us no matter what! Show us how we can make a difference and help the people around us. We love You. Amen."