

# Confidence means learning to see yourself the way God sees you.

WEEK  
**4**  
1ST

Read Philippians 4:13

DAY

**1**

## **Impossible? I think not.**

This month we learned that with God, nothing is impossible! Let's review what we learned. Fill in the blanks below from the word box.

**Word Bank: Son, Rain, Enemies, Seven**

1. God sent His only \_\_\_\_\_ to earth to save us.
2. God tells Joshua and his men to march around Jericho for \_\_\_\_\_ days and the walls will fall.
3. Gideon trusted God and they defeated their \_\_\_\_\_ with fire and a trumpet.
4. God finally sent \_\_\_\_\_ to Israel to prove that He is indeed God, and not Baal.

**Know that, with God, anything is possible if you believe!**

(1) Son, (2) seven, (3) enemies, (4) rain

DAY

**2**

## **Memory Motions**

With the help of an adult, look up this week's verse, Philippians 4:13. Read the verse together a few times. Create motions to go with your verse to help you remember! Share your new moves with a sibling or family member.

**Ask God to give you the strength to do the impossible.**

DAY

**3**

## **Impossible Playlist**

Use your singing voice and sing a song about something that you have learned this month. Make up a song about God doing impossible things, God encouraging others to do things that seem hard, or even something that you did that seemed impossible at the time! Bonus points: Sing it in front of your family! Bravo!

**Remember that God uses others to do the impossible and He can use you too.**

DAY

**4**

## **Not So Impossible**

We see so many stories of God doing amazing and "impossible" things like: destroying a city with marching feet and a trumpet, sending rain to a country for the first time in years, and sending His only Son to Earth! God even gives us the opportunity to do some pretty amazing things! Let's pray and thank Him for all He has taught us and all the opportunities we will have to do amazing things.

**"Dear God, You have done so many amazing things. You have sent people just like me to do things that seem impossible until You step in. Thank You for showing me that the impossible can be done when You are part of the plan. Amen."**

*God can do the impossible.*

**Draw a picture of yourself in the space below.**



**“I can do all this by the power of Christ.  
He gives me strength.”**

**Philippians 4:13, NIV**

# Confidence means learning to see yourself the way God sees you.



DAY 1

## Read Psalm 27:13

Have you ever faced a tough situation that you couldn't see ever getting better? Maybe there's a mean group of girls at school that have started leaving you out at recess. Maybe you're having trouble with reading while everyone else thinks it's easy. When we face tough stuff, sometimes we lose our confidence.

That's when it so important for us to remember that nothing is impossible for God. He raised Jesus back to life! Jesus died on the cross. It was the darkest day in history. But three days later, Jesus came BACK to life! God did the impossible! **No matter what the situation, God is bigger.**

Read this verse to an adult. Tell them about something tough you're facing. Talk about how you can focus on God's goodness with confidence that He can do the impossible, even in this situation.

DAY 2

## Read Matthew 19:26

Try these impossible tricks:

- ➔ Lick your elbow
- ➔ Rotate your foot clockwise as you draw the number "6" on a piece of paper
- ➔ Touch your tongue to your nose
- ➔ Write your name with both hands

How many of these tasks were impossible for you?

While licking your elbow or touching your tongue to your nose does seem pretty silly, sometimes we face really impossible things. Like being kind to a bully. Or standing up for the kid others pick on. Or asking for forgiveness when we know we were wrong.

Thankfully, God can give us the confidence we need to do all of those "impossible" things. **And the best part is, none of those things that seem impossible for us are impossible for God!**

As you pray today, thank God for the confidence you have in knowing that nothing is impossible for Him.

DAY 3

### Read Jeremiah 32:17

Complete the Sudoku boards below with the missing numbers. You cannot repeat any number in the same column or row.

Numbers 1-3

1		
3		2

Numbers 1-4

3			2
		4	
4	1		

Numbers 1-5

	3		5	
			1	4
		1		
1	2			
5			3	2

How hard was it for you to complete those puzzles? Having a few numbers on the board helped for sure!

It's much easier to face hard things when we have help! And the best news is, the One who can help us can conquer anything. The same God who made the heavens and the earth by His own power is with you. **He will help you when you put your confidence and trust in Him.**

DAY 4

### Read Job 42:2

Job lost everything. He lost his family, his home, and all his wealth. After much suffering in an impossible situation, Job prayed these words saying, "no purpose or plan of yours can be stopped!" Job recognized that GOD was the one in control. He chose to put all his confidence in God.

God will help you do all the things He's called you to do. When you have trouble being patient or kind or humble or honest, God is with you. **His plans for you are good and can trust Him always.**

Fill in the blanks using the key below. Thank God for the opportunity to put your trust or confidence in Him, knowing that He can do ALL things.

@	#	\$	%	!	&	*	+	^
A	C	D	G	H	I	K	L	N

=	?	/	<	>	:
O	S	T	U	W	Y

& \* ^ = > / ! @ /

: = < # @ ^ \$ =

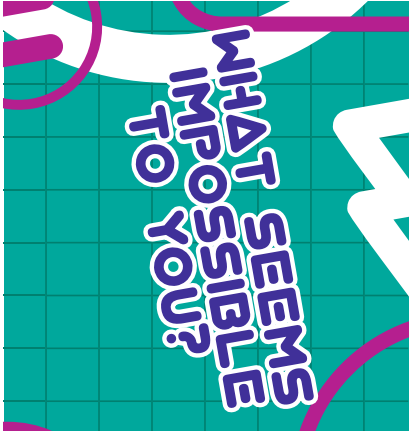
@ + + / ! & ^ % ?

Answer: I know that you can do all things.

God can do the impossible.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journaling lines for the first question.

Journaling lines for the second question.

Journaling lines for the third question.

4th-5th

Week 4



Day 1

Go to [bit.ly/SundaysAtHomePreteen](http://bit.ly/SundaysAtHomePreteen) and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: \_\_\_\_\_

2. You learned: \_\_\_\_\_

3. You'd like to know: \_\_\_\_\_



## Day 2

**Read 1 Kings 18:1-2,16-46**

God did something that is impossible to show the Israelites that He is the one true God. As you read 1 Kings 18:30-38, illustrate what you read on a separate piece of paper.

Here is an example of how you can break it down:

- ➔ 1 Kings 18:30-32
- ➔ 1 Kings 18:33
- ➔ 1 Kings 18:34a
- ➔ 1 Kings 18:34b-35
- ➔ 1 Kings 18:36-37
- ➔ 1 Kings 18:38

It is amazing to think about all that water poured on the altar. You know, not exactly the best fire starter. And yet God sent fire down from heaven and burned it all up! God can do the impossible!



## Day 3

**You probably don't need God to send down fire from heaven today. But**

But what in your life do you need God to do that seems impossible? Write it down in the blank below, and then take a few minutes to pray the prayer below, reminding yourself what God is capable of doing... anything!

**"Dear God,** I believe You can do the impossible. Not only did You call down fire from heaven to burn up a sacrifice on soaking wet wood, but You also parted the Red Sea so the Israelites could escape the Egyptians. And Jesus walked on water, and healed people, and even brought Lazarus back to life. And You created everything! There's nothing you can't do! Right now, it seems impossible that \_\_\_\_\_

\_\_\_\_\_. But I know You can do the impossible. So please, God, show me what to do and help me to trust You to guide me through this seemingly impossible situation. In Jesus' Name, I pray, **amen.**

## Day 4

**Find a friend and quiz them on these "impossible" scenarios.**

Is it possible or impossible to...

- ➔ Fly (as a human)
- ➔ Mix oil and water
- ➔ Be in more than one place at once.
- ➔ Read with your eyes shut.

\*Possible: If you're on the moon!

\*Possible: If you shake them hard/long enough, they will. They will eventually separate again though.

\*Possible: If you stand with your feet on either side of a state line.

\*Possible: If you read Braille.

Take a couple of minutes to come up with your own list of things that seem impossible but really aren't. Then share with each other something God has done in your life that seemed impossible!



## Day 5

**What seems impossible to you?**

Grab a glass or clear plastic container with a lid and add some oil and water to it. Watch as they separate.

Then, making sure the lid is secure, shake the container as hard as you can for a minute or two. You did what seems impossible: you got oil and water to mix!

Since you're not God, that oil and water is going to eventually separate. But God CAN do the impossible.

There might be some situations in your life that seem impossible. When things seem impossible, you have to trust God and believe that He is with you. He is always in control. Now, that doesn't mean He'll always do things the way we want Him to. But it does mean that when things seem impossible, you can trust that God is still with you and that He's still in control. He can make your impossible... possible!

Leave the oil and water out for a few days somewhere you can see it, and give it a shake when you walk by, reminding yourself that God can do the impossible!