

Confidence means learning to see yourself the way God sees you.

WEEK
4
1ST

Read Romans 8:38

DAY
1

No Matter What

Nothing can stop God from loving us. But does that mean we get to do whatever we want? No! We have to show others that God loves them too! Think of two friends that you can show God's love to this week. Write down their names on a piece of paper to remind you!

Look for ways that we can tell others about God.

DAY
2

Hard Drop

Grab a glass/cup and a clothespin/ink pen. Place the cup on the floor in front of you, stand up straight, and gently place the clothespin to the tip of your nose. From standing height, try to get the clothespin into the cup. If that is super easy, try and do it with your eyes closed. Although this is a fun game, you need to stay focused to succeed. Just like we need to stay focused on God.

Remember when you stay focused on God, you can do hard things.

DAY
3

God's Word Surround Sound

Look up Romans 8:38. With adult permission, ask to use their smartphone video camera or voice notes app. Practice reading this week's verse a few times to yourself for practice. Then record yourself saying the verse on the phone. Play it back and notice how it sounds. Now, grab a glass bowl or mug and place the phone into the empty bowl or mug and press play. The bowl or mug amplifies the sound! It is like you have surround sound without all the cords!

Know that reading and memorizing God's Word keeps you surrounded in truth.

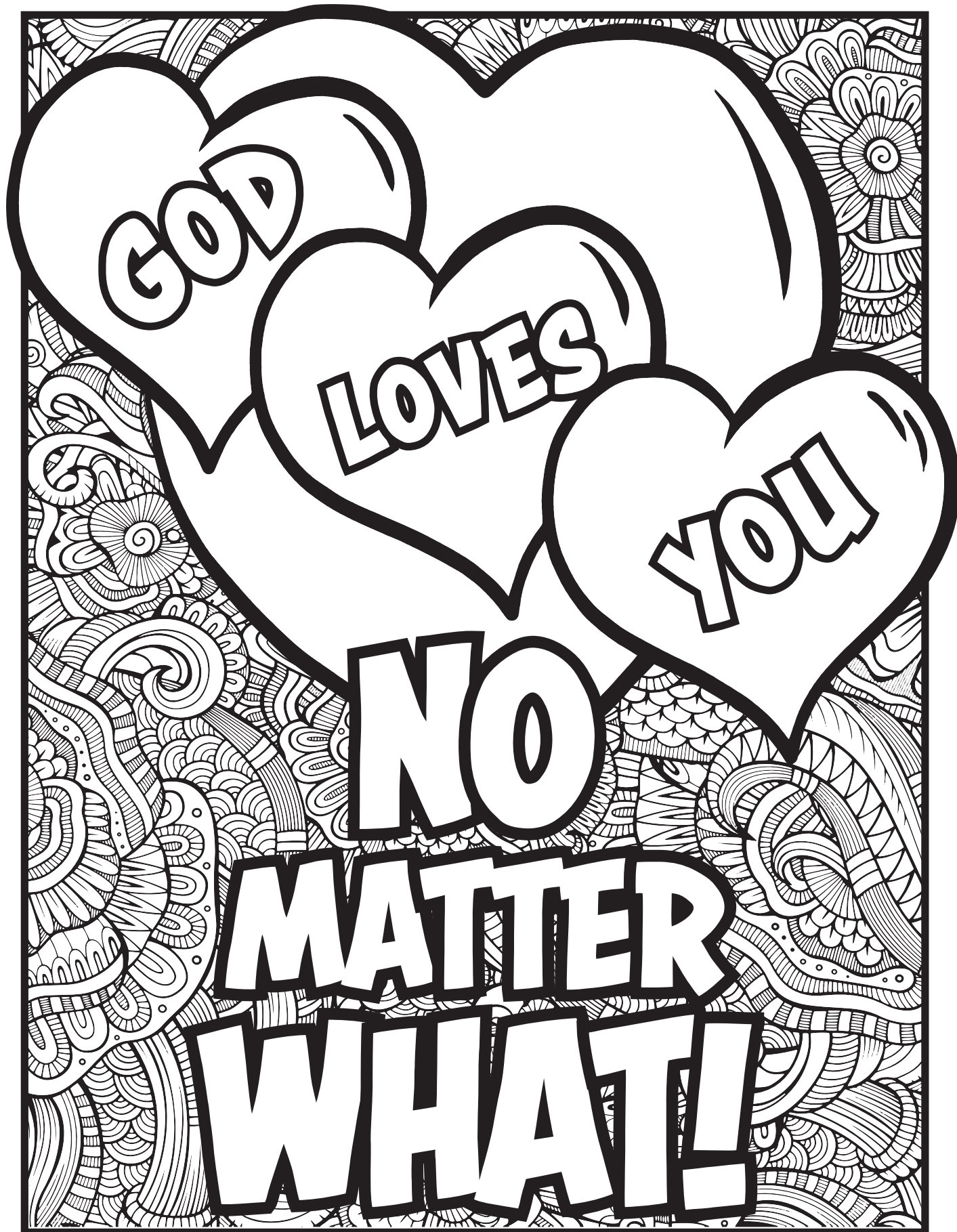
DAY
4

Loved, No Matter What

Nothing we can do can separate us from God's love. Isn't that a fantastic gift from God? Let's pray and thank Him for always loving us.

"Dear God, Thank You so much for loving me no matter what. I pray that I can make good choices and show others how You love them too. Thank You for all You do for me. Amen."

God loves you no matter what.



Confidence means learning to see yourself the way God sees you.



DAY 1

Read Romans 8:31-32

Read the words below slowly and let them sink in. Are you ready? Okay, focus on these three important words. **God loves you.**

God loves you, always. How do we know this? Because of Jesus. God sent His only Son, He gave Him up for you. Jesus came to face the worst possible death so you could have life. Jesus rose again to prove that nothing, not even death, could separate us from God's love. You can have confidence in the truth that God loves you no matter what.

Complete the grid below, filling in the numbers in order. Then use that grid to fill in the blanks of the phrase below.

A	B	C	D	E	F	G	H	I
12								20

J	K	L	M	N	O	P	Q	R

S	T	U	V	W	X	Y	Z	
		32						

“ 20 17 18 26 15 20 30 17 26 29
 32 30 34 19 26 14 12 25 13 16
 12 18 12 20 25 30 31 32 30 ”

DAY 2

Read Romans 8:34-35

When you understand what Jesus did, that He died on the cross for you, you can have a relationship with Him forever. When you trust Jesus as your savior, nothing can separate you from Him.

Trouble, Hardship, Persecution, Danger,
 Your own mess ups, Death

None of these things and nothing you might want to add to this list, can separate you from God's love. No matter what happens, no matter what you do or don't do, when you put your trust in Jesus, you can have complete confidence in the truth that God loves you no matter what.

DAY 3

Read Romans 8:38-39

Grab two different colors of Play-Doh. Pull a small piece from each of the different colors and roll them up together in a ball.

Now try to separate the colors. Can you do it? No way! Anyone who's ever played with two different colors of Play-Doh knows that you don't mix them together because you can never separate them again.

God's love for you is like that Play-Doh. God loves you, always. And because of Jesus, there is nothing that can separate you from His love! **God's love isn't conditional.** That means, His love for you doesn't change based on anything you do or don't do. You can depend on God to love you, no matter what.

Hold your ball of Play-Doh as you pray today. Thank God for His constant love for you, a love that never gives us, never changes, never goes away.

**God loves you
no matter what.**

DAY 4

Read Ephesians 3:16-19

Think about the tallest mountain peak, so high that the tops are covered by the clouds. God's love is higher.

Think about the lowest point in the ocean, the part so dark and black that only certain kinds of sea life can survive there. God's love is deeper.

Think about the horizon, the point where the sun meets the earth. God's love is wider.

God's love is higher and deeper and longer and wider than we could ever imagine.

And all that love is directed right at you! He made you and loves you because you are His. God sent Jesus, His only Son, so that you could see just how much He loves you. Knowing that God loves you should fill you up with confidence and assurance that you matter. You are precious, valuable, one of a kind, loved.

Whenever you look at God's creation this week, think about it as a visual reminder that God loves you no matter what.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

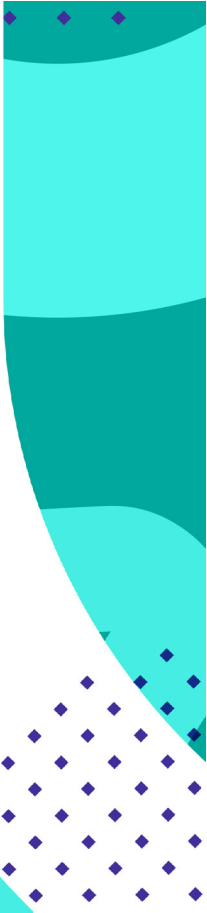




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AVAILABLE FOR APPLE AND ANDROID DEVICES

4th-5th

Week 4



Day 1

Go to bit.ly/SundaysAtHomePretteen and watch this week's episode of the So&So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____



Day 2

Read Romans 8:38-39

As you read Romans 8:38:39, lightly cross out everything that can't separate us from God's love.

What do you notice about these things? Are they all negative things?

Nope, there are some good things in there too, like life and angels and the future. The point is that nothing good or bad changes how God feels about you!

Our confidence shouldn't come from anything other than God! If you place your hope in the things you can do, your talents, your achievements, your popularity, then when those things change, so will your confidence. But if you place your hope and trust in God, then no matter what comes—good or bad—you can rest in knowing the truth that **God loves you no matter what!**



Day 4

The fact that God loves each of us no matter what is life-changing truth.

It's something that can be easy to forget when life is hard, so it's important to remind each other.

Today, you're going to remind yourself that God loves you no matter what by sharing that truth with others! Pick your communication method of choice. It might be...

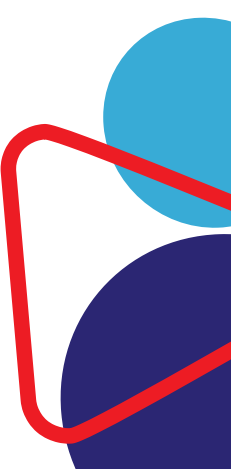
- ☐ Texting
- ☐ Calling
- ☐ Emailing

Next, decide how you want to remind them of this good news (you can pick more than one!):

- ☐ Share Romans 8:38-39
- ☐ Draw a picture
- ☐ Share a song from YouTube about God's love
- ☐ Simply share this bottom line: God loves you no matter what!

Lastly, make a list of a few friends who you think need to be reminded of God's love for them. Don't forget teachers and parents! As you put your plan into action, check off the names.

- ☐ _____
- ☐ _____
- ☐ _____



Day 5

What are some things that are true about God?

On a separate piece of paper, use the letters spelling CONFIDENCE to make an acrostic full of truths about God. (If you get stuck, find some examples at the bottom.)

Now pick one that really stands out to you—a truth about God that gives you confidence, confidence in God, and confidence in who He made you to be! Focus on that word all day. Write it on your hand, your bathroom mirror, anywhere you will see it. Repeat the word over and over to yourself. Use the word as you pray—thanking God for it and asking Him to show this truth to you even more!

Dear God, I am so thankful that not even _____ can separate me from Your love. Not even _____ or _____ or _____, or any _____ can separate me. I am so thankful that nothing at all can ever separate me from Your love because of what Jesus has done. I am so thankful that You love me no matter what!

Compassionate, Enough
voted, Encouraging, Never going to leave me, De-
erful), Near me, Faithful, Interested in me, De-
Some pow-