

Dig Deep: Discover what matters most



Use this guide to help your family learn
how God can help us find wisdom.

First, watch
this week's
video!

Wisdom:
finding out
what you
should do
and doing it

Memory Verse

"If any of you needs wisdom, you should ask God for it. He will give it to you. God gives freely to everyone and doesn't find fault."
James 1:5, NIV

Bible Story

Renew Your Mind
Romans 12:2

Bottom Line

Never stop
growing in
wisdom.

Activity

Target Practice

What You Need:

Pillow, sheet of paper

What You Do:

Set up the pillow a few feet away from you. Hand the sheet of paper to your child.

Say, "Try to throw this sheet of paper and hit the pillow, without moving your feet."

After a few attempts, tell them to stop.

Say, "Now let's try changing the paper by folding it into an airplane."

Fold the sheet of paper into an airplane. Then say, "Now that the sheet of paper is changed into a plane, try to hit the pillow again from the same spot."

After a few attempts, tell them to stop.

Say, "That was a little easier, wasn't it? Now crumple the paper into a ball and throw it from the same spot."

It should be even easier for your child to hit the pillow this way.

Say, "See? Once we transformed the paper into an airplane and a ball, it was way easier to hit the target!"



Talk About the Bible Story

What does it mean when something is transformed? (*it's changed, different, new*)

According to Romans 12:2, we can live God's way when we transform or completely change our thinking. What are some ways we can do that? (*reading the Bible, praying, talking to others about God, asking questions*)

How do you want to transform your thoughts? What do you want to think about more? What do you want to think about less?

Parent: Share a way that you may have transformed your thoughts lately. Are you working on complaining less? Being more thoughtful with your words around your friends? Choosing to interact with kindness on social media?

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, it's amazing how You give us Your wisdom when we need it. Help us continue to grow in Your wisdom. Help us to make wise choices, to know Your Word, and to follow the ways Jesus taught us to live. Show us how we can keep transforming and changing our thinking so we can live with Your wisdom every day. In Jesus' name we pray, amen."

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Bible Story

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Key Question

How are you wiser than you used to be?

Activity

Imagination Station

What You Need:

Paper and art supplies (*optional*)

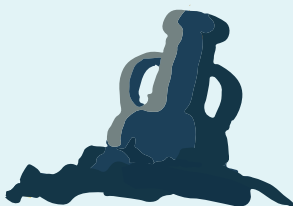
What You Do:

Ask your child to sit down and close their eyes.

Say, "Imagine any animal. Now, imagine that animal is purple . . . and it has stripes—orange stripes. Now, imagine that purple animal with orange stripes drinking a big glass of chocolate milk using a bright pink straw. You can open your eyes now."

Next, say, "Okay. Now I'm going to close my eyes. It's your turn to tell me what type and color of animal to imagine."

Allow your child to describe an animal. It should be a unique color and be eating or drinking something silly. If they fail to describe it in detail, ask questions. If there's time, take turns sketching and coloring the animals you were imagining.



Talk About the Bible Story

How did we transform our thoughts today? (*by imagining something in a new way*)

According to Romans 12:2, we can live God's way when we transform or completely change our thinking. What are some ways we can do that? (*reading the Bible, praying, talking to others about God, asking questions*)

How do you know if you're growing in wisdom? (*you're consistently making wise choices*)

How are you wiser now than you were five years ago? What are some things that helped you grow in wisdom?

How do you think you'll be wiser in 10 years? What types of decisions do you think you'll be able to make?

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