

Custom Creations: There's only one you

Use this guide to help your family learn what God has to say about individuality.



**First, watch
this week's
video!**

**Individuality:
Discovering
who you're
meant to be so
you can make
a difference**

Memory Verse

How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well.
Psalm 139:14, NIV

Bible Story

Timothy
1 Timothy 4:12
(supporting: Acts 14-17; 1 Timothy 4:14; 1 Corinthians 4:17; 16:10)

Bottom Line

You can make a difference right now.

Activity

Can or Can't?

What You Need:

Towel

What You Do:

Roll a towel into a skinny line. Have your child stand at the end of the towel. Choose one side to be the "Yes, I can side." Choose the other side to be the "No, I can't" side. Read out the following list of situations and have your child jump from side to side, indicating whether or not it's a task they can do at their current age.

- ride a bike
- drive a car
- tie your shoes
- have a tablet
- have a phone
- order a kid's meal at a restaurant
- order from the adult menu at a restaurant
- stay up as late as you want, whenever you want
- pack your own lunch
- have candy without asking an adult
- stay home alone overnight
- ride your bike to a friend's house
- go to school
- get a job



Talk About the Bible Story

What were Timothy's gifts and how did he use them? (*Speaking, teaching, encouraging others; he helped others know who Jesus is*)

You may not be able to do all the things you want to do right now. But there are some things you can do to help others. What are some ways that you can help others right now?

How can you make a difference at home? (*Not fighting with siblings, helping with chores, helping younger siblings with homework, drawing pictures or making something for someone who's stressed*)

How can you make a difference at school? (*Don't join the class in bad behavior when the teacher steps out, help others with hard work, be patient and kind, don't hog the ball at gym or recess, use encouraging words, etc.*)

Make a list of a few ways your child can help at school and home this week.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for making us with our own individuality and our own special gifts. Thank You for giving us opportunities to love and serve others, even when we're young. Please show us the ways we can make a difference this week. We love You, and we pray these things in Jesus' name. Amen."

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Key Question

How can you make a
difference right now?

Activity

Who, Where, How?

What You Need:

Index cards or scraps of paper, three
bowls (or jars), three pieces of paper that
you can use to label the bowls

What You Do:

Label the three bowls: "WHO," "HOW,"
"WHERE."

Ask your child to think of a few places
they go throughout the week, to write
each place on an index card, and then
place those cards in the "WHERE" bowl.

Then ask your child to think of a few
people they know, to write each person's
name (and their title, like "mom,"
"teacher," "coach," etc.) on an index
card, and then place those cards in the
"WHO" bowl.

Finally, ask your child to think of a few
skills or traits they have (or things they
enjoy doing), to write each skill or trait on
an index card, and then place those cards
in the "HOW" bowl.

When each bowl has a few index cards
in it, instruct your child to take one
card from each bowl. Give them time to
brainstorm HOW they could use the gift/
skill/trait they drew to make a difference
in the life of WHO they drew . . . OR how
they could use that gift/skill/trait to make
a difference in the location (WHERE) they
drew . . . OR how they might be able to
combine all three! Discuss the examples
your child comes up with. Ask them what
could happen if they chose to make a
difference in the way they described.

Talk About the Bible Story

Thinking about our Bible story, what were Timothy's
gifts and how did he use them? (*What gifts would
someone need to do what he did?*)

You may not be able to do all the things you want
to do right now. But there are some things you can
do to help others. What are some ways that you can
help others right now?

*Parent: Share about a time when you recently made
a difference at home, at work, or in your community.
Did you help create peace between people? Did
you help someone who needed it? Or share about
a time when someone made a difference for YOU
(especially if it was someone young).*

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