



PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



1. STOP

WHAT YOU NEED: No supplies needed.

WHAT YOU DO:

BEFORE THE ACTIVITY: Have the children stand in front of you.

DURING THE ACTIVITY: Ask them to do a movement from the list below. After they do the movement say, "STOP" and ask the children to freeze. Then choose a new movement from the list and repeat the activity.

Movements: Jump, clap hands, hop on one foot, run in place, touch toes, spin, and twist. Continue the activity until you have completed all of the movements from the list.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "We're going to MOVE today! When I call out a movement, everyone do that movement until I say, 'STOP!' When I say, 'STOP' then everyone FREEZE until I say another movement for us to do. Are you ready?"

AFTER THE ACTIVITY: "Nice work, friends. Today, we'll hear about a man who STOPPED to help someone! Did you know that God teaches us to help? We'll hear all about it in our Bible story today!"

TRANSITION: Move to Worship and Story by walking in a line and saying "STOP" several times as you walk. When the children hear "STOP," they should freeze until you tell them to start walking again.

BIBLE STORY

Jesus teaches us to help others.

GOOD SAMARITAN
LUKE 10:25-37

MEMORY VERSE

"The crowds were amazed at his teaching."

MATTHEW 7:28, NIV

KEY QUESTION

Who teaches you important things?

BOTTOM LINE

Jesus teaches me important things.

BASIC TRUTH

Jesus wants to be my friend forever.



MADE TO REFLECT

an activity that encourages personal application and prayer



6. JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Paperclipped "Memory Verse Card" in your Bible, journal, and a fun-shaped pen

SGL: Now let's sit down so we can write in our

prayer journal and talk to God. (*Hold journal and fun-shaped pen.*)

"Since Jesus teaches us that it is important to help others, we'll make a list of ways we can help others. So think about it. What are some ways you can help your mom, dad, brother, sister, friends, grandparents, teacher, coach—there are so many ways we can help! When I say your name, tell me one way we can help others, and I will write it in our prayer journal. (*Say each child's name and write down what they say. Remember to print the names so the children can recognize their names and the letters.*)

"This is a very special list. Let's use it when we pray. Would anyone like to pray before I pray?"

(*Give each child who wants to pray the opportunity to do so.*)

PRAYER

SGL: "Dear God, we want to be people who stop and help others. Please help us do things like (*read the list the children made*). Thank You for sending Jesus to teach us how to help. We love You, God. In Jesus' name, amen."

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