# Make Waves: What you do today can change the world around you.

1 John 4:19



### **Cheers to Love**

While you are sitting around as a family, go around the room and tell each person what you love about them. After everyone takes a turn, make a stack with all of your hands and say: "Cheers to love in the (your family name) Family!"

THANK God for a family who loves you!



## **He Loved Us First**

With the help of an adult, look up this week's verse in your Bible. Read through the verse a few times together. Then, create motions to the verse. Teach others this verse using the motions you created!

KNOW that we can learn about God's love.

2

## First, Love

Think of all the ways that God shows us love. Create a card, poster, song, or poem and give it to someone you love! Tell them how you can show them love because of the love God shows you.

LOOK for ways that you can show love to others.



## **Speak Love**

We love because God loved us first. Talk to God about the things you love.

"Dear God, Thank You for loving me so much. Also, thank You for giving me things to love like (name things you love). I pray that I can love others like You love me. I love You God, amen."

ASK God to help you love those around you.

Love others because God loves you.



# Make Waves: What you do today can change the world around you.



DAY 1

### Read Galatians 5:22-23a

All summer long, we'll take a look at how we can make waves and change the world around us. Specifically, we'll look at how we can show love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control! Whew, that's a lot!

The good news is God doesn't expect us to make waves of change on our own! We have the Holy Spirit to help us! That's what today's verse is all about. When we have a relationship with Jesus, the Holy Spirit will produce all these good things in us.

#### We can love because God loved us.

#### Make a Wave

- 1. Grab a piece of paper.
- 2. Draw a cool wave across the bottom.
- Inside the wave, right at the crest, write the world "LOVE" in big bubble letters.

## Read 1 John 4:9

DAY 2

We like to use the word "love" to talk about all kinds of things. You might say, "I love pizza" or "I love geckos." But loving pizza and loving your sibling are two very different things. And saying you love is very different than showing you love.

Thankfully, God is in the showing love business. God showed love in one really big way: by sending Jesus. Jesus came to make a way for us to have a relationship with God forever. And because God loves you, you can share that love with others!

Who needs love in your world? Think of someone and then brainstorm one or two ways you could show love to that person. Remember, we love others because God loves us.



## Read 1 John 4:10

Ask an adult to help you go to www.Dictionary.com to look up the silly sounding words below. Then draw a line to match each word to its definition.

## Silly Sounding Words and their Definitions:

Everywhen an umbrella

Erf a large hook

Bumbershoot a person learning

the alphabet

Cleek a person who

steals books

Abecedarian something that whirls

or revolves

Biblioklept a plot of land

Whiligig all the time

Our verse today defines love and tells us exactly where it comes from. God looked down on the world and saw a big problem that needed to be fixed. Our sin, the wrong things we do, gets in the way of our relationship with God. Because God loves us, He sent Jesus to take the punishment for our sin so that we could have a relationship with God, forever.

When we understand God's great big love for us, we can turn around and share that love with others. We can make waves by loving the people around us!

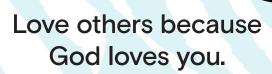
## Read 1 John 4:11-12

When the kid from down the street keeps cheating to win, do you want to keep playing?

When your sister keeps hogging the remote, do you want to hand it over once it's finally in your hand?

It's hard to keep playing with a cheater or to keep sharing with a sister who doesn't do what you want to do. But the truth is, you can't control their behavior. The only person you can control is you. You have a choice to love.

Loving others is easier when you remember that you are loved. **God's love for you is unconditional.** So, the next time someone is bugging you, stop and choose to show love. Not because of anything they have done but because of God's big love for you.





# Journal

thoughts or share them with a parent. the question below and journal your Spend some time thinking about



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June 2022 Week One 4th-5th



# Day 1

So & So Show. and watch this week's episode of The Go to bit.ly/SundaysAtHomePreteen

feel free to check it out again! Even if you already saw it at church,

# 1. You liked:

After watching, write one thing that:

2. You learned:

3. You'd like to know:

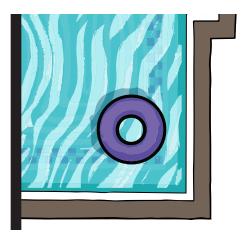
# Day 2

# Read 1 John 4:9-13

As you read 1 John 4:9-13, make the following marks:

- Underline everything that is a description of love.
- Cross out everything that describes what love isn't.
- Circle everything that demonstrates love in our lives.

God loves you. And you don't have to do anything to earn that love. In fact, there's nothing you can do to earn that love. God loved you enough to send Jesus to the world. And when you believe in Jesus, not only do you have a relationship with God that lasts forever, but God gives you the Holy Spirit to help you through life. If God loves you that much, you can make waves by showing love to others—and when you do, they'll experience God's love too. It's a neverending wave!



# Day 3

What are some ways you know God loves you?

What are some ways you can show others love?

2 -

Now, use your answers to personalize this prayer and pray it out loud to God.

Dear God, thank You for all the

ways You poured out Your love for me. You made me, You love me,

Help me to receive Your love so I can love others well. This week, help me to love others by

In Jesus' name, I pray, amen.

# Day 4

There are a lot of ways to show love to others, including with the words that you say.

And that doesn't just mean saying the words, "I love you," although that is important too! But it's also in the way we speak to each other—are we speaking words of kindness, healing, and encouragement? And is our tone one that is respectful and patient?

Think about the person that you find hardest to love with your words. Maybe a sibling or a parent, or even someone on your sports team that you can't seem to get along with. Today, challenge yourself to only say things that show love to that person-both in the words you choose and the way you say them.

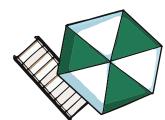
Start out by making a list of three kind friendly, and encouraging things you can say to this person.

2. ....

Then, keep this list with you to remind you to love that person—and others because God loves you.

know You love me because You

You sent Jesus to die for me. I also



# Day 5

How can you love others like God does?

That's a tricky question, isn't it? Because you can't make a human like God does. You can't send your son to be the Savior of the world. So, how do you love others like God does?

God loves us creatively, unconditionally, with forgiveness and grace, and without expectation.

How can you love others in those ways?

**Creatively—**what gifts do you have that you can use to show love to others?

**Unconditionally, with forgiveness and grace**—who is hard for you to love? How can you love them in a way that shows you have grace and forgiveness in your heart?

Without expectation—who is someone you know who can't return your love in the same way? Maybe you can give a gift to a friend who doesn't have the ability to give you one in return. Or maybe you can offer the gift of time to someone who's far too busy to do the same.

Choose one of those ways and make a game plan on how to make waves with love this week like God does!