

Use this guide to help your family learn how God's Spirit can help us "make waves."

First, watch this week's video!

**Make Waves:**  
What you do today can change the world around you

### Memory Verse

"The fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful and gentle and having control of oneself." Galatians 5:22-23a, NIV

### Bible Story

We Love Because God Loved Us  
1 John 4:9-13

### Bottom Line

Love others because God loves you.

## Activity

### Never Have I Ever

#### What You Need:

No supplies needed

#### What You Do:

"Hold up one hand. I'm going to read a list of things you might have done. If you've never ever done the thing, keep your fingers up. But if you *have* done the thing, put one finger down. Let's see how many questions we can get through before all of your fingers are down!"

Read from the following list:

1. Never have I ever made up a fake language.
2. Never have I ever fallen out of bed in the middle of the night.
3. Never have I ever laughed so much it hurt.
4. Never have I ever seen a shooting star.
5. Never have I ever hidden things under my bed.
6. Never have I ever worn something that needed to be washed.
7. Never have I ever told a really cheesy joke.
8. Never have I ever made a wish on my birthday candles.
9. Never have I ever forgotten to do my homework.
10. Never have I ever watched the same show five times.
11. Never have I ever danced in the rain.
12. Never have I ever eaten candy that was six

Then, say, "Wow! You've done a lot of cool things." months old.

## Talk About the Bible Story

In our story today, we talked the most important thing a person can do. What was it? (*Love others because God loves us*)

What are some ways I show you that I love you? (*You tell me, hug me, cook for me, take care of me, etc.*)

What are some ways you can show others that you love them? (*Pray for them, invite them to church, forgive them, show them kindness*)

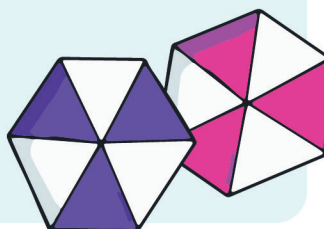
How do we know that God loves us? (*God sent us Jesus.*)

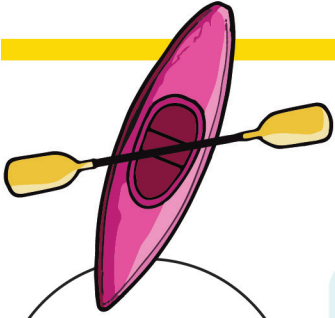
*Parent: Share a kid-appropriate story about a time someone loved you when you weren't very lovable. This could be a parent, a sibling, or a teacher who showed you God's love despite how you were acting.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for deeply loving us. Please help us love others like You love us. Thank You for giving us Your Spirit so we can show Your love to other people. Help us show Your love to everyone we come across so they can see that You love them, too. We love You, and we pray these things in Jesus' name. Amen."





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### Key Question

How can you love  
others like God does?

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how God's Spirit can help us "make waves."

## Activity

### Five Names

#### What You Need:

Five index cards; writing utensil

#### What You Do:

Say, "Write down the names of five people that you love—one name on each index card. Then, think of one thing you love about each person. It can be silly or serious."

When your child is finished, ask them to share their names and reasons. Then remind them that what we discussed today: that we should love others because God loves us.

## Talk About the Bible Story

Is it difficult for you to love others? If so, why/when?

What are some things that show you that God loves you?

What motivates you to love others?

Let's look back at your five cards and think of one way you can show love to each of these people. (*Offer help and ideas as needed.*)

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for the love You have for each of us. Thank You for showing love to the world since the very beginning of time. The stories of Your people are evidence of all the many ways You have loved this world unconditionally. Thank You, also, for all the people You've put in our lives. Please help us remember that we can change the world for the better by the way we choose to love. We love You, God. In Jesus' name we pray, amen."

