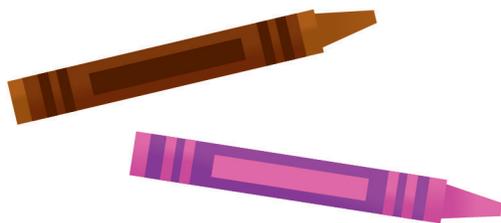




First, watch
this week's
video!



Have fun learning and playing
with your preschooler!

Activity

Case of the Wiggles

What You Need:

No supplies needed

What You Do:

Before the Activity: Invite your kid to play.

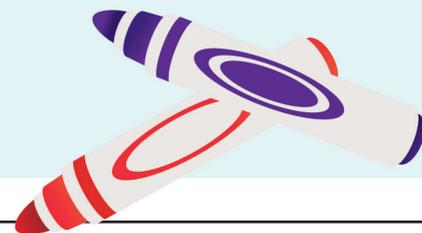
What You Say:

Before the Activity: "Come play with me!"

During the Activity: Say, "I will call out a part of your body, and I want you to wiggle it! Are you ready? Let's wiggle our fingers!"

Continue with the body part list, adding to or changing it for your needs. For example: Fingers, Feet, Mouth, Hands, Head, Shoulders, Hips, Elbows, Nose, Knees, Ears, Toes, Tummy, etc.

After the Activity: Say, "Did you get your wiggles out? Tell me, who made your wiggly ears and toes and fingers? *(Pause.)* God did! You are wonderfully made by God! Who made you wonderful? God made me wonderful!"



Bible Story

Wonderfully Made
(Genesis 1:26; Psalm 139:14)

Remember This

"I am fearfully and
wonderfully made."
Psalm 139:14, NIV

Say This

Who made everything?
God made everything.

Prayer

"God, You are awesome! Thank You for the wonderful way You made us. Thank You for eyes to see, ears to hear, mouths to sing, and noses to smell. We know that EVERY part of us is wonderful because YOU made us. We love You, God. In Jesus' name we pray, amen."