Love is showing others how much they matter to you.

Read: 1 Thessalonians 5:11





DAY

Feeling Loved?

Everyone feels loved in different ways. What are some things that your friends or family do to make you feel loved? Is it hugs, high fives, or kind words?

When we take care of each other we get to love others how they like to be loved. Ask those in your family how they feel loved. Choose one person to love well this week!

THANK God for putting people in your life to love.



Take Care!

God created you to take care of the people and the world around you. With an adult's help, go outside and look for ways that you can care for someone or something in your neighborhood.

Some ideas are: pushing a friend on the swing, picking up trash at the park, saying hello to a neighbor, or treating your friends' houses and toys carefully.

KNOW that God created us to care for those around us.



Build Them Up

In your Bible, go to 1 Thessalonians 5:11. This verse talks about encouraging one another and building others up! We can build others up by our words and actions. Talk to a friend or family member and tell them what they are good at! If it's your mom, what do you love that she does for you? If it's a sibling, what game do you love playing with them? Build up those around you today!

ASK God to help you build others up.



Created to Love

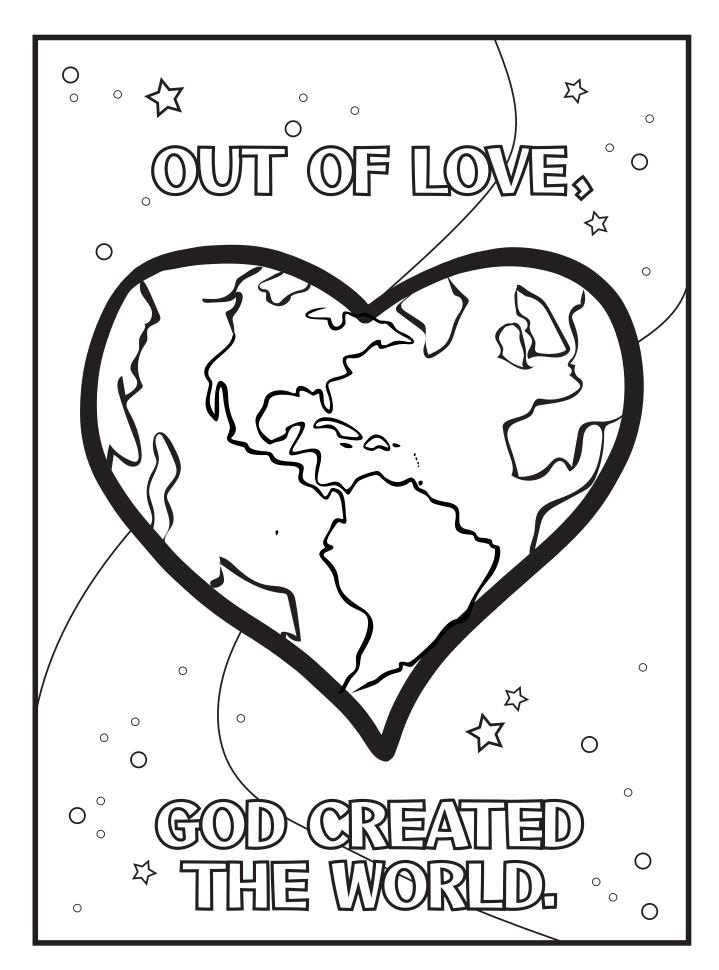
God created each of us to love, care for, and encourage those around us. Sometimes that can be hard to do well. Let's pray and ask God to help us.

Dear God, help me love others well. You created me to care, love, and to encourage those around me. I pray that I can do my best every day to show others I love them like you love me. Amen.

LOOK for people show God's love.



God made us to take care of each other.



Love is showing others how much they matter to you.

DAY 1

Read Genesis 2:18

Before there was anything, God existed. God is the creator of all things.

Created by the Creator

List a few things in creation that God made:

1.

2.

3.

Did you add humans to the list? God made Adam and Eve to help and take care of each other. From the very start, God saw that we would need each other.

To help.

To encourage.

To laugh and cry with.

To love.

God made us to take care of each other.

DAY 2

Read Galatians 6:2

Think about today's verse as sharing one anothers burdens.

"Sharing one another's burdens" means that when you see someone struggling, you do something in that moment to take some of the pressure or weight off to help them.

Heavy Lifting

Read an example of a "burden" below and write down one way you could help "carry" that heavy load.

Your little brother is struggling to understand his math homework. You recognize the lesson as something you learned a couple of years ago.

Your grandma is sad because she can't drive which means she can't do as many things or go as many places as she used to do.

Every time you "carry a heavy load" by sharing someone's burden, you are doing what God made you to do! Because God made us to take care of each other.



Read 1 John 3:17-18

Who Do You Love?

In the space below, write down five people you love.

- 1.
- 2.
- 3.
- 4.
- 5.

Do the people you listed know that you love them? Can you name one way you've shown the people you listed that you love them through your actions?

Did you listen when that friend told you a really long story? Did you help your parent when they asked you to the first time? Were you patient with your brother even when he was taking forever?

Saying "I love you" isn't always enough. And words don't go very far if our actions don't back them up. That's why we need to say it and show it.

This week, instead of just saying, "love you" to the people around you, find a way to show your love through your actions. You can start with the people listed above. Challenge yourself to think of new ways to show your love through your actions this week.

God made us to take care of each other.

Read Hebrews 13:16

What was the last thing you forgot? Wait... is it even possible to remember something you forgot?

In today's verse, we're told to **do good** and to **share**. In fact, these two things are so important, the writer tells us not to forget! We need to remember this because God is pleased every time we follow through by helping and sharing. There are lots and lots of ways you can help and share and care for the people around you. So, pay attention this week so that you can love others.

Don't Forget

Do you have a calendar in your room or a planner in your binder for school?

- Grab your calendar or binder (or ask permission to use the family calendar if you don't have one).
- **2.** Write "DGAS" on the spot for everyday this week.
- 3. Every time you take a look at your calendar, remember to <u>Do Good And Share</u> with others because God made us to take care of each other. Don't forget!

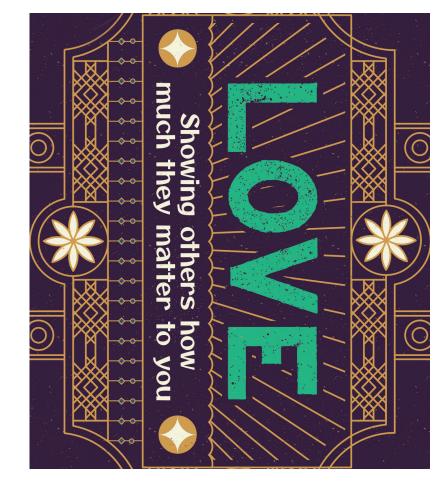


Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

loves you?	someone	know when	How do you	

Week Two 4th-5th



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

1. You liked:

After watching, write one thing that:

2. You learned:

3. You'd like to know:

Read Genesis 1-2

Find a way to illustrate creation as it is described in Genesis 1-2. You can pull out a device and tell the story with emojis. You can drawtiny outline illustrations/doodles in your Bible next to each part of creation as it's described. You can grab a sheet of paper and finger paints and do an abstract piece of art. Whatever way you choose to represent what you read, be sure that love is conveyed in your art, especially when people enter God's creation.

Day 3

Think about some times you have felt loved by the way someone cared for you, including the way God has cared for you.

Then personalize this prayer based on those situations, thanking God for loving you and the love of others.

Dear God, thank You for all the ways

You have shown me that I matter. I especially felt loved when

giving me friends/family like

.....who showed

love to me when

...... Thank You for showing me

how loved I am by the way You take care of me and send others to take

care of me too. Please help me to take care of others the way You created me to. In Jesus' Name, I pray, amen.

Day 4

God made us to take care of each other.

Yesterday you thanked God for loving you. Now it's time to thank someone else for the way they love you. Think back to your prayer from yesterday—who did you thank God for? What did they do that made you feel loved? How can you show them gratitude? Maybe you can simply tell them how their kindness made you feel loved. Or you can write them a letter, make them a card, shoot them a text, or send them an email? Or maybe you can send them a small gift for their favorite ice cream shop? Make sure you're specific about how they made you feel loved!



Day 5

How do you know when someone loves you?

One way you know someone loves you is when they do something personal for you—something they know you really enjoy, or something that meets a need or desire of yours.

Find the paper or board from last week where everyone wrote down things they love. For each person in your family, select one thing they wrote down and make that happen for them today or tomorrow. It might be a special food or beverage they enjoy, or it could be a game you could play with them, or an activity you could go do together. Be intentional with each member of your family by taking care of them in a way that really shows them how much you love them!

