

Courage is being brave enough to do what you should do, even when you're afraid.

Read: Galatians 6:9

DAY
1

Do What's Right

Ask your parent what you can do this week to be a help—not just right now but something you can do each day this week. Talk through how and when it is best to do this task. Throughout this week do what you talked about every day, even when you don't want to. Ask God to give you the energy and strength to do it all week.

KNOW that doing the right thing helps others.

DAY
2

Daniel and the Lions

Draw a picture of Daniel in the lions' den from our Bible story this week. Once you finish the drawing, share the story of Daniel with someone in your house. You can talk about why he got there, what he did while he was in the den, and why he got out.

LOOK for ways to have faith and courage like Daniel.



DAY
3

Roll With It

With the help of a friend (or a few), practice this week's memory verse with a ball. Sit on the floor with your feet touching, pass the ball across to your friend, and say one word of the verse. Each roll equals one word. Example: Let (roll) us (roll) not . . .

ASK God to give you the strength to do good.



DAY
4

Do What You Could

When we don't know what to do, praying is something we could do! Pray and ask God to help you as you try to always do what you should.

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 "Dear God, sometimes it is so hard to do or say the right thing. Please give me the courage I need to do what I should. I want to help others any way I can. Help me to do this well. Thank You for the courage You have given me. Amen."

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THANK God for always being a prayer away when you need the courage to do what's right.



You can do what you should because God is with you.

DRAW A PICTURE OF DANIEL PRAYING IN THE LIONS' DEN



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DAY 1

Read Deuteronomy 31:8

When Moses spoke these words to Joshua, his time on earth was coming to an end. Joshua would soon take over leading the Israelites into the land God had promised. Moses knew God would help, guide, strengthen, and protect Joshua.

Just like God was with Moses and Joshua, God is with you too. God will never leave you or desert you. You don't have to be afraid or lose hope! God keeps promises. God goes ahead of us, which means God will guide you in the right direction. You can do what you should because God is with you.

Rainbow Verse

Grab a red, orange, yellow, green, blue, and purple marker and six pieces paper. Write out the verse in phrases on separate pieces of paper as indicated below. Hang these up on the wall in your room in verse order as a reminder that God is WITH you.

(RED) "The Lord himself will go ahead of you."
 (ORANGE) "He will be with you."
 (YELLOW) "He will never leave you."
 (GREEN) "He'll never desert you."
 (BLUE) "So don't be afraid."
 (PURPLE) "Don't lose hope."

DAY 2

Read Isaiah 41:10

God always, at all times, in all things, does what is right. God is good and loves you so much! You can trust God no matter what. God did what was right long before you were born and will keep doing what's right generations from now.

You can do what you should because our always and forever God is with you.

Write your name in all the blanks below. Read the verse aloud and then pray and thank God for always doing what is right. Ask God to give you the courage you need to do the same.

"So do not be afraid. I am with _____.
 Do not be terrified. I am _____'s God.
 I will make _____ strong and help _____.

I will hold _____ safe in my hands.
 I *forever* do what is right."

Isaiah 41:10 (paraphrase)



DAY 3

Read John 14:27

Jesus knew He was about to leave the earth when He spoke these words. He wanted His followers to know they would be okay. What Jesus was about to do on the cross would make a way for everyone to have a relationship with God forever.

When you put your trust in Jesus and choose to follow Him, He promises the Holy Spirit will help you. So even if you do the right thing and it doesn't work out the way you want it to, God is still on your side. You can have peace, deep down in your heart, because you belong to God. You can show courage and do what you should because God is with you.

Peace Not Fear

Write the word "Fear" in the center of a piece of paper. Pray and ask for help to replace fear with peace as you remember God is with you. Then change the "F" to a "P," the "r" to a "c" and add an "e" at the end. Remember Jesus' promise to leave you with PEACE instead of FEAR as you trust and follow Him.

DAY 4

Read Daniel 6:10

Daniel was captured from his own country and taken to live in Babylon, where everything was very different. The people there spoke a different language. They ate different food. They didn't worship the one true God. Daniel could have given up and blended in like everyone else. But Daniel chose courage.

When those tricky guys convinced the king to make a rule that people must bow down and pray only to the king for 30 days, what did Daniel do? Look back at today's verse. That's right, he still prayed to the one true God. Even when Daniel knew what would happen to him, he still chose to do the right thing. Why? Because Daniel knew God was with him.

Think back over your week. Was there a time when you knew the right thing to do but you chose not to do it? Did you let fear decide? The good news is God always gives us second chances. Talk to God and tell God about what happened. Remember that God is with you so you can be brave next time.

You can do what
you should because
God is with you.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

[illegible]This image shows a single sheet of white paper with ten horizontal dashed lines, typical of primary-ruled notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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November
2022

Week Three
4th-5th



Day 1

After watching, write one thing that:

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

**Even if you already saw it at church,
feel free to check it out again!**

1. You liked:

2. You learned:

3. You'd like to know:

A Devotional on Courage.

FOR AN
everyday faith.

Day 2

Read Daniel 6

Number the following events in order according to the story told in Daniel 6.

- The king signed the order saying anyone who prayed to anyone but him would be thrown in the lions' den.
- When morning came, the king hurried to the lions' den.
- The king ordered everyone to follow Daniel's God.
- Daniel did a better job than the other leaders.
- The king had no choice but to condemn Daniel to the lions' den.
- The other leaders saw Daniel praying and went to tell the king.
- The other leaders tricked the king into making a law that no one could pray to anyone but him for 30 days.
- The king planned to put Daniel in charge of the whole kingdom.
- The king couldn't sleep or eat.
- Daniel continued to pray to God three times a day.
- The king was thrilled to find Daniel was still alive.
- The king put Daniel and two other leaders in charge of the 120 royal rulers of his kingdom.
- The jealous leaders tried to get Daniel in trouble.

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Daniel trusted God to be with him—no matter what. And because of Daniel's courage, every person in the land heard about the one true God!"



## Day 4

**You can do what you should because God is with you.**

Who is the most courageous person you know? Which person has accomplished some things that seem impossible to you?

Reach out to that person today. If you'll see them, chat in person. Otherwise, give them a call, a text, an email. Tell them you're learning about courage this month, and you thought of them. Ask them what they consider their most courageous act: What helped them do what they should, even though it was scary? Ask them if they felt God was with them the whole time and how that impacted their courage.

Take notes on how they summoned their courage to do something that scared them. You'll need these tips tomorrow!

## Day 5

**What is the bravest thing you've ever done?**

What is something you've always wanted to do, but you let fear hold you back?

- Audition for the school play
- Pray out loud
- Try a new sport
- Order your own food at the restaurant
- Run a 5K
- Make a new friend
- Sleep alone or without a nightlight
- Try a new food
- Other: \_\_\_\_\_

Circle something above or write your own idea in the blank. Then make a plan to actually do that thing this week. Write down the details of your plan here:

What:  
Where:  
When:  
Who:  
How:  
Anything else:

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Then take a few minutes to talk to God about your plan. Ask God to give you strength, initiative, and—most of all—courage to do the thing, knowing that He is with you!

There's nothing special about this way of praying, of course, but it can help you remember the story of Daniel and how he showed us that **you can do what you should because God is with you.**

