



First, watch
this week's
video!

Courage: Being
brave enough
to do what you
should do,
even when
you're afraid

Memory Verse

"Be strong and brave.
Do not be afraid.
Do not lose hope.
I am the LORD your
God. I will be with you
everywhere
you go."
Joshua 1:9b, NIV

Bible Story

Daniel Is Thrown Into
a Den of Lions
Daniel 6

Bottom Line

You can do what
you should because
God is with you.

Use this guide to help your family learn
how God can give us courage.



Activity

Getting Puzzled

What You Need:

five sheets of paper; marker; scissors;
timer

What You Do:

On each sheet of paper, write one
of the following letters: B, R, A, V,
E. Then, cut up each sheet of paper
irregularly (like a puzzle), keeping the
pieces in separate piles. Invite your
child to a challenge.

Say, "There are five puzzles for you to
put together. I'm going to time you to
see how long it takes you. Ready? Go!"

Press start on the timer. Cheer on
your child as they put together the
letters. Once they've got all the letters
put together, ask them what word the
puzzle spells ("BRAVE").

"That's right. Brave. We can be strong
and brave because God is with us.
That's something that Daniel did. He
believed that God was with him, and
he faced those lions with courage."

Talk About the Bible Story

How was Daniel strong and brave? (*He faced the lions
in the lions' den.*)

What happened to Daniel in the lions' den? (*The lions'
mouths were shut. Daniel was safe because God was
with him.*)

Have you ever been in a tough situation and it felt like
there was no way out? What happened?

What are some ways you can be strong and brave the
next time you're in a similar situation? (*Pray, read the
Bible, recite Scripture you've memorized.*)

*Parent: Share a personal story about a time when
a Bible verse you memorized helped you face a
challenge or scary time.*



Prayer

Use this prayer as a guide, either after talking about
the Bible story or sometime before bed tonight:

"God, thank You for never leaving us. Even when times
are tough or scary, You are always with us. Thank You
for giving us Your Holy Spirit to help us get through
each challenge. Please help us show others that they
can be brave as they face their fears, too. Use us to
be an encouragement to others and remind them
that we can do what we should, because You are with
us. We love You, and we pray these things in Jesus'
name. Amen."



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Key Question

What is the bravest
thing you've ever
done?

Use this guide to help your family learn
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Activity

Word-Off

What You Need:

paper; pencils; timer

What You Do:

Grab a sheet of paper and a pencil for both you and your child. Invite your child to play a friendly "word-off."

Say, "We're going to have a word-off. There are four rounds. For each round, I'll name a category. We'll both see how many words we can write down from that category in 30 seconds. Ready?"

Categories:

- Words that rhyme with *fear*
- Things that make us feel *brave*
- Things that *roar*
- Things we put *trust in*

At the end of each round, tally up the scores. At the end of the rounds, declare a word-off winner!

When you're finished, say, "Daniel dealt with all four of those categories in our story today. But in the end, he chose to put his fears aside, be brave, and trust in God."

Talk About the Bible Story

How was Daniel strong and brave? (*He faced the lions in the lions' den.*)

What's the bravest thing you've ever done?

Does having courage mean never being afraid? Why or why not?

Who are some people who can help you build up your courage?

Parent: Share a personal story about a time when a Bible verse you memorized helped you face a challenge or scary time.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, help us to remember that we are NEVER alone. You are with us at all times, and You will never leave us on our own. Give us the kind of courage that Daniel had when he chose to follow You. Help us to be strong and brave and to not lose hope when things get hard. You are a great and mighty God, and we know You can help us have courage. In Jesus' name, amen."