



**First, watch  
this week's  
video!**

**Bible Story**  
Light and Dark,  
Sky above Water  
(Genesis 1:3-8)

**Remember This**  
"God saw everything  
he had made.  
And it was very good."  
Genesis 1:31, NIV

**Say This**  
Who made everything?  
God made everything!

Have fun learning and playing  
with your preschooler!

## Activity

### Light and Dark Freeze Dance

#### What You Need:

Music and music player

#### What You Do:

Find a space in your home with room to move around and invite your child to play a game with you.

Say, "In our story today, we learned that in the beginning, the world was dark. (*Turn off the room light.*) But then, God created light! (*Turn on the room light.*)"

"I'm going to play some music for us to dance to! But we can only dance when the lights are turned on. When the lights are turned off, we have to freeze right where we are!"

"Ready? (*Play music.*) And dance! (*Turn lights off.*) Freeze! (*Turn lights on.*) Dance!" (*Repeat as desired.*)

When you are finished say, "On day one, God created light! Which is so cool! Then on day two, God made something else! God made a place for the deep, cool water below and created the wide, blue sky above the whole world! God made EVERYTHING! Who made everything? God made everything."

## Prayer

"Dear God, You are so powerful and amazing. You made EVERYTHING! Thank You. Amen."