

# Friendship is using your words and actions to show others you care.

Proverbs 17:17

DAY

1

## Hi, Friend!

Play a game of telephone with your family or friends. The first person in line gets to say something nice about the last person in line. After it reaches the end, the first person goes to the end of the line and you play again. Play until everyone has had something nice said about them.

**LOOK** for ways to tell a friend how they are great!

DAY

2

## Keep Your Word

Make a promise to yourself about what you can do to be a good friend. Think of how you can treat others, how you speak to others, or even how you invite others in. An example of a promise you can make to yourself can be: "I promise to myself that if I see someone playing alone I will ask them to play."

Draw a picture of what you would do as a friend.

**KNOW** that friends keep their promises.

DAY

3

## Loves At All Times

With a parent's help, look up Proverbs 17:17 and read the verse out loud. Think about how you can love a friend even when it's hard. What can you do to show them you care?

**ASK** God to help you love at all times.

DAY

4

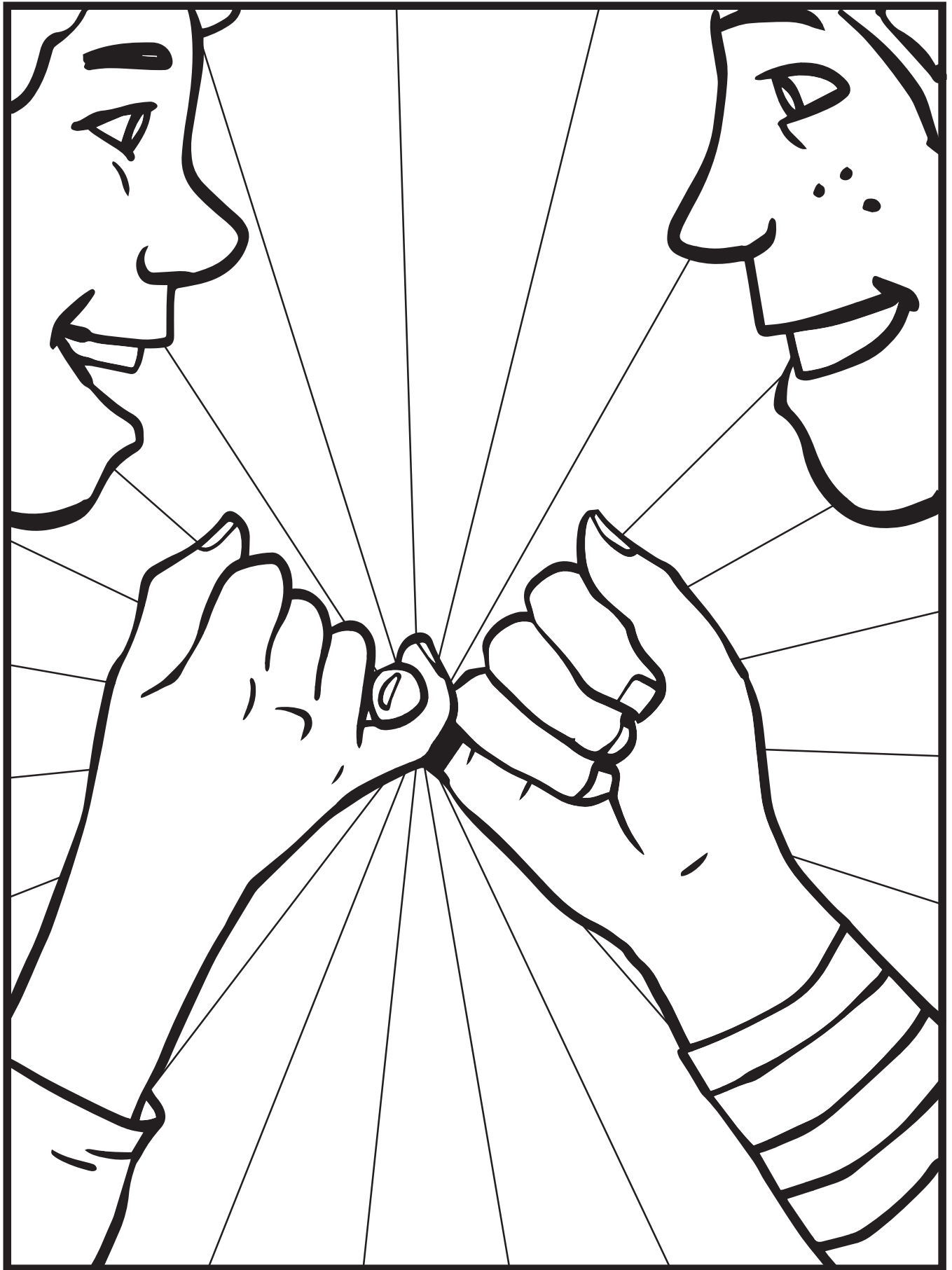
## The Ultimate Promise Keeper

God is the ultimate promise keeper. Because God kept promises in the past, you can trust that God will keep promises in the future. Ask God to help you be a promise keeper too.

"Dear God, Thank you for always keeping your promises. I pray that you can help me keep the promises that I make to others. I want to be a good friend like You are. Show me how to love others like You love me. Amen."

**THANK** God for showing us what it's like to keep promises.

Friends keep their promises.



# Friendship is using your words and actions to show others you care.

## DAY 1

### Read Proverbs 18:24

Do you know what the word “faithful” means? Faithful means loyal, constant, and steady. Do you have a faithful friend? A friend who... encourages you when you're down? Makes you laugh when it's the very last thing you want to do? Not only makes a promise but keeps it?

Are you a faithful friend who sticks closer than a brother? Or an unfaithful fickle friend who isn't reliable?

#### Ask Your Adults

Interview your parents today and ask the following questions:

1. Who is your best friend and why?
2. Read Proverbs 18:24 together. What do you think this verse means?
3. What does it mean to be a faithful friend?

## DAY 2

### Read Luke 6:31

Did you know that Jesus had friends while He was here on earth? It's true! There were the 12 disciples of course. But there were also women who followed Him. Jesus was friends with Mary and Martha and Lazarus! People lived out what he taught. Jesus treated others the way He wanted to be treated! He was patient and kind and loving toward them, even when they didn't understand what He was trying to do.

#### Be That Friend

Make a list of ten characteristics of a good friend. (Examples: kind, generous, a good listener, funny, etc.) Then circle your top three! For the next 24 hours, do your best to treat your friends this way; because to have good friends, it's important to be a good friend!

DAY 3

## Read 1 John 4:7

When was the last time someone made you a promise? Did they keep it? When was the last time you made a promise to someone else? Did you follow through? Sometimes, we say something without really thinking it through. We make a promise with no real plan for following through. And then when we do break that promise, we leave the other person disappointed.

God never does that. When God makes a promise, God keeps it! As you look for friends who keep their promises, ask God to help you love others and keep your promises too! Because friends keep their promises.

### Cross It Out

Mark out all the letters of the alphabet in order starting with the first letter "A" all the way to "Z" in the puzzle below. Then read today's verse!

ADEARB FRIENDS, CLETDUSELO  
VEFONEGANOOTHERHBECAUSEI  
LOVEJCOMESKFROMLGOD.MEV  
ERYONENWHOOLOVESPHASQB  
ECOMERASCHILDTOFUGODVA  
NDWKNOWSXGOD.Y1JOHNZ4:7

**Friends keep  
their promises.**

DAY 4

## Read 2 Samuel 9:7

In our Bible story this week, we talked about the unlikely friendship between David and Jonathan. They should have been enemies. After all, as the son of King Saul, Jonathan could have been jealous and angry that God had chosen David as the next king. But Jonathan loved David as himself. He protected David from his own father who wanted to harm him. In return, David promised to protect Jonathan's family as long as he was alive.

That's why David sought out Jonathan's grandson Mephibosheth. David kept his promise by protecting and providing for Mephibosheth like he was a member of his own family.

Have you ever had a friend who went out of their way to keep a promise to you? That kind of friend is a friend worth keeping! Are you a friend like that? Are you a promise keeper too?

### For Sure

Fill in the missing consonants from today's verse below.

"...David told him, ".....ou .....a.....e

.....u.....e..." 2 Samuel 9:7a, NIV

Ask God to help you be the kind of friend others can be sure of by keeping your promises!

Answer: You can be sure

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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Day 1

After watching, write one thing that:

1. You liked:

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2. You learned:

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3. You'd like to know:

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Watch this week's episode of  
The So & So Show by going to:  
<https://bit.ly/PreteensSundaysatHome>

Even if you already saw it at church,  
feel free to check it out again!



## Day 2

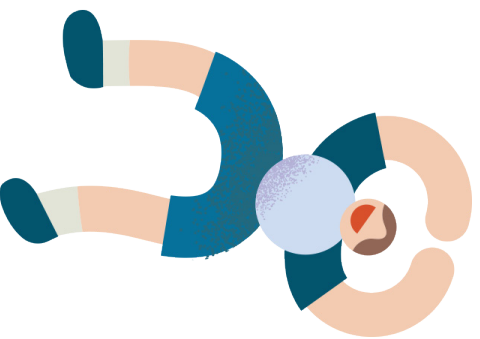
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**Read 1 Samuel 20; 2 Samuel 9**

As you read 1 Samuel 20, underline all of the places where Jonathan and David are good friends to each other.

Then go back and circle the places where they keep their promises to each other.

Notice anything? The verses you circled and underlined almost all match! Being a good friend means keeping your promise!



## Day 3

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**Keeping your promises sounds pretty simple, but the truth is, sometimes it can be really hard to follow through.**

Maybe the situation changes, or maybe you don't feel like doing what you promised. The good news is that you're not alone in trying to keep your promises. God can help you—all you have to do is ask! Read the following prayer out loud, asking God to help you be that kind of friend and find that kind of friend as well!

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**Dear God,** thank You for the story of David and Jonathan that shows me that **friends keep their promises.** I want to have that kind of friend, and I want to be that kind of friend. Please help me to be faithful—that I would do the things I say I will do and keep my promises. In doing so, please help others to see how much I care about them. In Jesus' Name, we pray. **Amen.**

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## Day 4

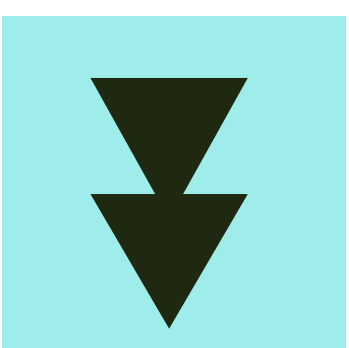
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**We all need a friend we can trust—a friend we can tell just about anything and know they won't go spreading the story around to others.**

A friend who will tell us they will be there for us, and then when push comes to shove, they actually show up!

Go and find a couple of friends or family members who you admire for their friendships. Ask them this question: **Who is a friend you can trust?** And follow it up with: How do you know you can trust them?

Lastly, encourage them and thank them for being a trustworthy friend—friends who keep promises are worth celebrating.



## Day 5

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**Sometimes keeping promises means doing something you said you would do . . . or not doing something you promised you wouldn't.**

But sometimes it gets tricky, like if a friend tells you something that you know is causing them pain or could harm someone else. They asked you to promise not to tell anyone. . . so how do you know if it's okay to break a promise?

Sometimes you have to think about the bigger promise you made by being someone's friend. Now, you probably didn't sign a friendship contract or even shake on it, but when you decide to be someone's friend, it's like you're promising to stand by them no matter what. And sometimes being a good friend means keeping your promise to stand by them and do what is best for them, even if it means not keeping their secret in order to keep them safe.

If you're ever not sure which promises you should keep, talk to God about it, and you can also go to the trusted adult you spoke to yesterday and ask their advice.