



First, watch
this week's
video!

Integrity:
Choosing to
be truthful in
whatever you
say and do

Memory Verse

"Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught."
Proverbs 10:9, NIV

Bible Story

A Tree and Its Fruit
Luke 6:43-45
(John 15:1-17)

Bottom Line

Be truthful with
your whole life.

Use this guide to help your family learn how God can help us live with integrity.

Activity

Steer Clear!

What You Need:

Paper plate, two sheets of paper, writing utensil, tape

What You Do:

On one sheet of paper, write, "PROBABLY YES." On the other sheet of paper, write, "PROBABLY NO." Tape one sheet of paper to one wall. Tape the other sheet of paper to the opposite wall.

Position your child in the middle of the room. Give them the paper plate.

Say, "This is your steering wheel. I'll give you a few situations where you have to decide what you would probably do—if you're honest. If you would probably do it, steer toward the 'PROBABLY YES' sign. (Indicate the sign.) If you would probably not do it, steer toward the 'PROBABLY NO' sign. (Indicate the sign.)"

- Instead of sneaking candy while dinner is cooked, I'll wait and eat the nutritious meal.
- I see some toys on the floor in the living room, and I pick them up without being asked.
- I wait quietly to ask an adult a question while they're talking to someone else.
- My teacher at school seems a little sad, so I draw a picture for her.
- My neighbor who is younger than me doesn't have anyone to play with, so I play with them.

When you're finished, say, "The choices we make can show others the love of Jesus. It's really important that we choose to be truthful with our whole life!"

Talk About the Bible

Story

Open the Bible together to Luke 6:43-45 and read Jesus' words about a tree and its fruit.

Now read what Jesus said to His disciples in John 15:5.

What does it mean to live with integrity? (Choosing to be truthful in whatever you say and do)

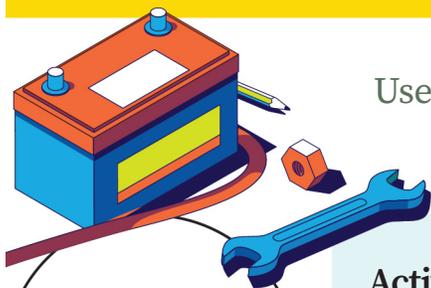
What are some ways we can make sure we're living with integrity, like a "good tree"? (By staying connected to Jesus, praying, reading the Bible)

Parent: Share about a time when someone was not truthful with you. Focus on how it made you feel, rather than the details of what happened. Help your child see the effects of not being truthful so they can better understand why it's so important to live with integrity.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for reminding us today why we should live with integrity. We know that our integrity starts with our relationship with You! Thank You for the way Jesus showed us how to be truthful in everything we say and do. Please help us to stay connected to You so that we can live each day in a truthful way. We love You. Amen!"



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Key Question

How do you want people to describe you?

Use this guide to help your family learn how God can help us live with integrity.

Activity

Scribe and Describe

What You Need:

Two sheets of paper, two writing utensils

What You Do:

Invite your child to do an activity with you. Find a place to sit where both of you can easily write on your own piece of paper.

Say, "What are some words you'd hope other people might use to describe you? Write down 10 words on your paper. I'll write down 10 words on my paper that I hope people would use to describe me. When we finish, we'll compare what we wrote."

Take time to write down 10 words while your child does the same. When you're both finished, compare lists. Look for the words you have in common. Choose a word that represents having good character.

Say, "How can we both focus on being [WORD] this week?"

Together, come up with a few ways you can focus on displaying that character trait. Find a way to display the word where you can both see it. This week, be sure to point out when you've noticed your child demonstrating that word with their actions.

Talk About the Bible Story

Open the Bible together to Luke 6:43-45 and read Jesus' words about a tree and its fruit.

Now read what Jesus said to His disciples in John 15:5.

What does it mean to live with integrity? (*Choosing to be truthful in whatever you say and do*)

What are some ways we can make sure we're living with integrity, like a "good tree"? (*By staying connected to Jesus, praying, reading the Bible*)

Who is someone that you know who has integrity because of their relationship with God? How have you seen them demonstrate integrity in their life?

Parent: Share about a time when someone was not truthful with you. Focus on how it made you feel, rather than the details of what happened. Help your child see the effects of not being truthful so they can better understand why it's so important to live with integrity.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, we want to be people who others would describe as good, patient, loving, forgiving, and joyful. We want people to notice our actions and realize that we follow You. We want to show integrity, even when it's hard. Please help us to stay connected to You, and to follow You in all we do. We love You. Amen."