

Integrity is choosing to be truthful in whatever you say and do.

Read: John 13:15

DAY

1

See Jesus

When you treat others the way Jesus would treat them you're making the wise choice. Today, do something kind for someone in your family. Help them with a chore or invite them to play with you! Show them that you care about them like Jesus cares for you!

LOOK for ways that you can help others see Jesus.

DAY

3

Do As I Have Done

This week's verse talks about showing others Jesus' love. With a parent, read this week's verse and write down some things that God has done for you. Then write down a few ways you can show God's love to others.

THANK Jesus for His love.

DAY

2

Replay!

Think of the kind thing you did yesterday. Did they see Jesus' love by the way you helped them? Draw a picture of what you did to show someone Jesus.

ASK God to always help you love others like Jesus loves you.

DAY

4

Do What is Right

God knows that sometimes we need some help to have integrity! You can always talk to God when you need help. You can say a little prayer like this:

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"Dear God, I need your guidance right now. Help me to have integrity because doing what is right is really hard. Thank you for all you do to help me. Amen"

~~~~~  
KNOW that you can always talk to God.

When you do what's right others can see God.



Integrity is choosing to be truthful in whatever you say and do.



DAY 1

Read I Thessalonians 5:15

Can you think of a time when someone did something that really hurt your feelings? When that happens, what do you feel like doing? If we're honest, our first reaction is to hurt them right back.

But our verse today gives us a different way to respond.

What if instead of hurting someone like they hurt you, you stopped and prayed for them? What if instead of saying something mean back to them, you said something kind?

Only God can help you do that! God can give you the power to stop and make the wise choice. And when you do, instead of getting even, your actions might help someone else see their need for God's help too! Because when you do what's right, others can see God.

DAY 2

Read Colossians 3:23

What are the things you have to do that you really don't want to do? Write some examples in the space below.

Most people have a list of "have to do's" that aren't "want to do's." And while not every task is fun or exciting, it doesn't mean those tasks aren't worth doing. Like if you didn't take out the trash, you'd end up with a big stinky mess in your kitchen. If you didn't brush your teeth, you might end up with some not so fun trips to the dentist!

What if you took just one or two things from the list you made above and thought about working hard at those tasks with integrity? You can choose to do your best as if working for God and not the people around you. When you do what's expected of you, when you finish the tasks you're responsible for, you show others that you have integrity.



DAY 3

Read Titus 2:7

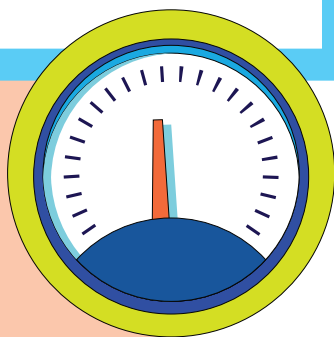
Shape Patterns

Finish the patterns below.



It's pretty easy to see what needs to come next when there's a clear pattern to follow! Did you know that the choices you make can also set a pattern too? When Paul wrote these words to Titus, he wanted him to understand the importance of his role as a leader to others. Paul wanted Titus to set an example by choosing to live with integrity.

As followers of Jesus, we are also called to do what is right and set an example or pattern for others to follow. And when you do what's right, others can see God.



DAY 4

Read Proverbs 2:20-21

Have you ever made footprints in the snow or on a sandy beach? Or tried to follow along in footprints someone else left behind? When it comes to doing the right thing, it's easier when we have someone to follow! That's why it's important to surround yourself with friends who are making wise choices with their life.

It's important to listen to others who follow Jesus. Find the people in your life who live with integrity and walk in their footsteps. Look for other Jesus followers who set a good example. And ask God to help you be that kind of example too. Because when you walk with integrity, others can see God.



Footprint Verse

Grab some paper and trace around your left and right shoes. Lay them out in the path, left foot, right foot and so on. Then write out each phrase of the verse below on a separate footprint. Repeat the words of the verse as you walk, then hop, then jog along the path.

"You will / walk / in the / ways of / good people. / You will / follow the / paths of / those who / do right. / Honest people / will live / in the land. / Those who / are without / blame will / remain in it." / Proverbs 2:20-21

When you do what's right others can see God.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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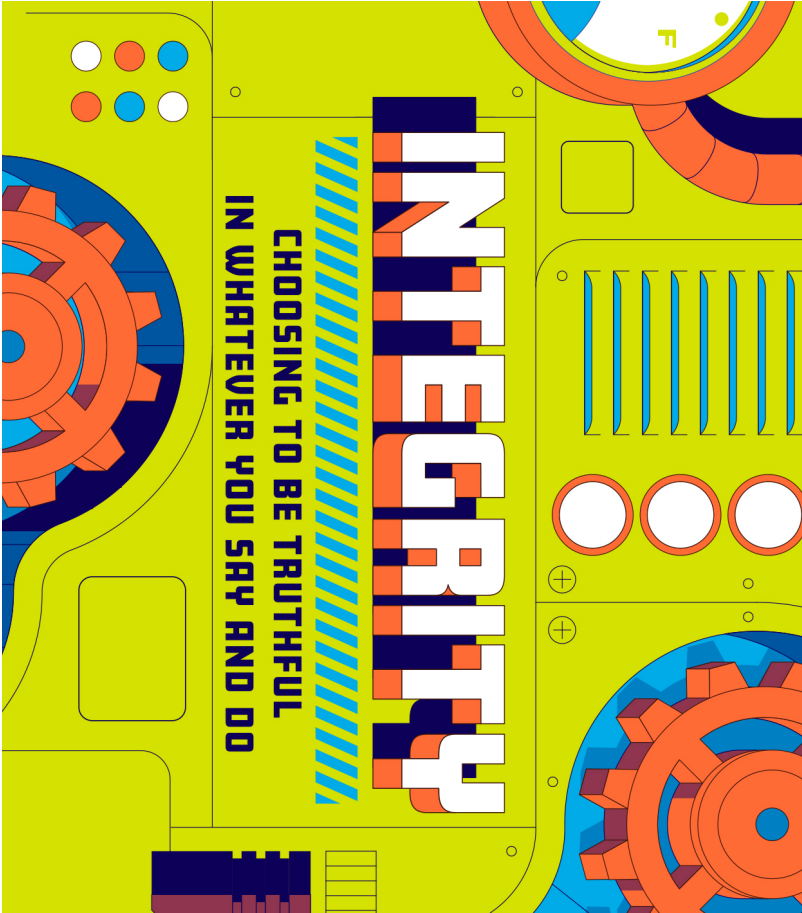
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October
2023

Week Four
4th-5th



Day 1

After watching, write one thing that:

1. You liked:

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2. You learned:

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3. You'd like to know:

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Watch this week's episode of The So & So Show by going to: <https://bit.ly/PreteenSundaysatHome>
Even if you already saw it at church, feel free to check it out again!



Day 2

Read Daniel 3:1-28

How many times are “horns, flutes, zithers, lyres, harps, pipes and other musical instruments” mentioned in these verses? _____

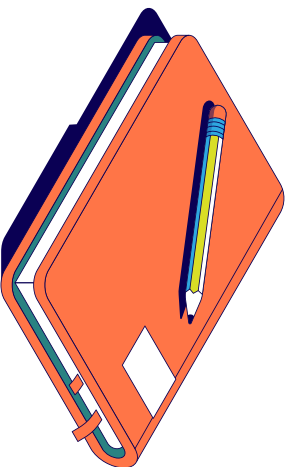
How many different groups of people did Nebuchadnezzar invite to see his gold statue? _____

Go through and circle the numbers mentioned in these verses. How many numbers are mentioned? _____

Check the answers below. Did you get them all right?

It’s okay if you missed one or two—there were a lot of numbers in there.

Thankfully, when we talk about doing right so others can see God, that’s not the same kind of “right” as getting the correct answer on a math quiz. When we choose to be truthful in everything we say and do, that’s the kind of “right” that shows others who God is.



Answers: 8, 8, 4, 8

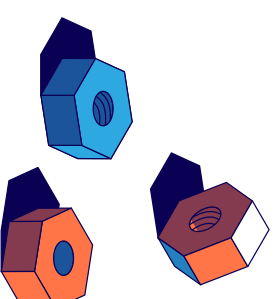
Day 4

When has someone helped you see God?

Write that person’s name down and describe how they helped you see God.

Now, go find that person and tell them how they helped you see God. Thank them for being a person of integrity and for living a truthful life that points others to God.

Day 5



Day 5

When you do what’s right, others can see God.

Next to each of the situations below, right one way you could respond that would help others see how God is working in you.

A bully is picking on your friend

Your class is being mean to the sub

Your sports team is having a bad attitude

An elderly neighbor is struggling to keep her yard in shape

There’s one kid who never gets asked to birthday parties

Day 3

Doing the right thing is important, but it’s also important to do the right thing for the right reasons.

If you’re doing right so others will see and tell you how great you are, that’s not really what God wants. Instead, if we do the right thing so we can show others who God is, it can make a big difference in the world! Ask God to help you do the right thing for the right reason by writing your own prayer, following the prompts below and personalizing it for your own life.

- Thank God for loving You
- Tell God what “right thing” you want to do
- Tell God you want to do that right thing so others will see God’s love
- Ask God to help you do that right thing
- Ask God to use you to show others who God is