

Driven: What's Inside Matters Most



First, watch
this week's
video!

Integrity:
Choosing to
be truthful in
whatever you
say and do

Memory Verse

"Anyone who lives
without blame walks
safely. But anyone
who takes a crooked
path will get caught."
Proverbs 10:9, NIV

Bible Story

Think About
These Things
Philippians 4:8

Bottom Line

Focus on
what's true.

Use this guide to help your family learn
how God can help us live with integrity.

Activity

Trolling for Truth

What You Need:

No supplies needed

What You Do:

Invite your child to play a game. Say, "I'll tell you a statement. I want you to tell me if you think it's TRUE or FALSE. Let's see how many truths you can find!"

Read the following statements and allow your child to answer whether they think each one is true or false. If it's false, share the true answer.

- The earth is the third planet from the sun. (TRUE)
- The tallest mountain in the world is Mount Everest. (TRUE)
- The largest planet in our solar system is Saturn. (FALSE; Jupiter)
- The fastest land animal is the zebra. (FALSE; cheetah)
- The Great Barrier Reef is the largest coral reef system in the world. (TRUE)
- The earth is mostly covered by land. (FALSE; mostly covered by water)
- The Statue of Liberty is located in Paris, France. (FALSE; New York City)
- Bees make honey from flower nectar. (TRUE)

When you're finished, say, "The apostle Paul talked about an important part of integrity. He said that we should focus on what's TRUE!"

Talk About the Bible Story

Open the Bible to Philippians 4:8 and read the passage together.

What kinds of things did Paul say we should focus on? (*what is true; noble, right, and pure; lovely and worthy of respect; excellent or worthy of praise*)

What happens if we focus on these things? (*We'll become more like Jesus; we'll grow in loving God and loving others*)

How can you work on focusing on the things Paul mentioned? (*Pay attention to what you're thinking about, and the things you're watching and listening to; ask God to help you replace unhelpful thoughts with the truth of Who God is and how much God loves you.*)

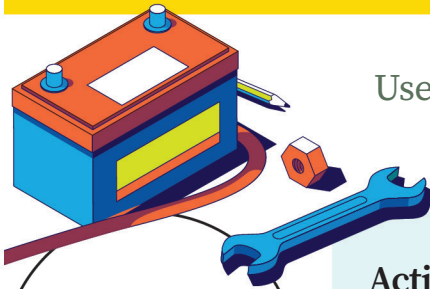
Parent: Talk about a time when you were focusing on something that made you feel worried or uncertain. Share how it helped for you to focus on God and the truth that God was with you.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for reminding us today that we can focus our lives on what is true. Help us fill our minds with thoughts that are noble, right, and pure. We want to think like YOU want us to think, so that we can live each day showing Your love and goodness. Please teach us how to focus on what's true. We love You, and we pray these things in Jesus' name. Amen."

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Key Question

What do you spend
the most time
thinking about?

Use this guide to help your family learn how
God can help us live with integrity.

Activity

Make It True

What You Need:

No supplies needed

What You Do:

Invite your child to play a game. Say, "I'll give you a list of statements that are **ALMOST** correct. Let's see if you can figure out what needs to change in order to make each one true. Ready?"

Read the following statements and allow your child to respond. If needed, help them by giving them the correct answer.

- The human body has **306** bones. (*206 bones*)
- The U.S. is made up of **51** states. (*50 states*)
- The human heart pumps **oxygen** throughout the body. (*It pumps blood*)
- The Statue of Liberty was a gift from the **U.S. to France**. (*It was from France to the U.S.*)
- The **Mississippi River** is the longest river in the world. (*The Nile River*)
- The Wright brothers, Orville and Wilbur, were the first to successfully sail a **ship across the ocean**. (*They were the first to successfully fly an airplane.*)
- The human brain weighs about **3 ounces**. (*3 pounds*)
- The earth's primary source of energy is the **moon**. (*The sun.*)

When you're finished with the statements, say, "It's important to know what's true. But it's even better to **FOCUS** on what's true."

Talk About the Bible Story

Open the Bible to Philippians 4:8 and read the passage together.

What kinds of things did Paul say we should focus on? (*what is true; noble, right, and pure; lovely and worthy of respect; excellent or worthy of praise*)

What happens if we focus on these things? (*We'll become more like Jesus; we'll grow in loving God and loving others*)

How can you work on focusing on the things Paul mentioned? (*Pay attention to what you're thinking about, and the things you're watching and listening to; ask God to help you replace unhelpful thoughts with the truth of Who God is and how much God loves you.*)

Parent: Talk about a time when you were focusing on something that made you feel worried or uncertain. Share how it helped for you to focus on God and the truth that God was with you.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, please help us focus on what is true, noble, right, pure, lovely, worthy of respect, excellent, and worthy of praise. Help us remember that the choices we make matter—even the things we choose to think about. We love You and want to please You in the things we do, the words we speak, and the thoughts we think. We pray these things in Jesus' name. Amen."