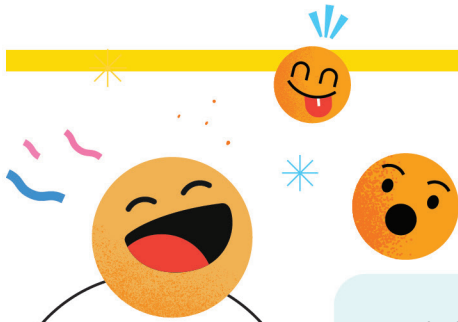


Shout Out: Who've you thanked today?



Use this guide to help your family learn about gratitude.

First, watch
this week's
video!

Gratitude:
Letting others
know you see
how they've
helped you

Memory Verse

"Give thanks to the Lord, because he is good. His faithful love continues forever."
Proverbs 10:9, NIV

Bible Story

David Dances
2 Samuel 6:12b–22a

Bottom Line

Celebrate what
God has done.

Activity

Banner of Thanks

What You Need:

Posterboard (or several sheets of paper taped together), markers, other decorative craft supplies (optional), music or musical instrument(s)

What You Do:

Set out the paper, markers, and craft supplies. Invite your child to do an activity. Tell them you're going to make a "Banner of Thanks."

On the banner, work together with your child to write down or draw pictures of all the things you're thankful for.

When you're finished, have a thankfulness parade! Turn up some music or grab a musical instrument. Have your child lead the parade around your home—and don't forget to carry the Banner of Thanks!

After the parade, say, "A life with God is certainly worth celebrating! Not only can we thank God, but we can also tell people what God has done in our lives. We can even use our gifts and talents to thank God—like we did when we drew and decorated our banner!"

Talk About the Bible Story

Talk about some of the things you drew or wrote about on your Banner of Thanks.

Are there other reasons you can think of why we should be grateful to God?

In today's story, why was David grateful to God?
(Because the Israelites had brought the ark to Jerusalem)

What did David do to celebrate what God had done?
(He danced.)

How can we celebrate God every day? (Praying, singing worship songs, talking about what God has done in our lives)

Parent: Share about a time when you were so thankful for what God had done, you couldn't help but celebrate!

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, there is so much to celebrate in our lives because of You. We're so grateful for everything You do for us—from the air in our lungs, to the important people in our lives, to the gifts and talents You've given us. Help us celebrate You for everything You've done and everything You continue to do. Thank You, most of all, for giving us Jesus as our Savior. That is something we can always celebrate! Amen."

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2 Samuel 6:12b-22a

Key Question

How can you show God you're grateful?

Activity

Happy Dance

What You Need:

Extra sheet of paper, music

What You Do:

Invite your child to play a game with you. Explain that you'll take turns doing different "happy dances" while the other person tries to guess what the name of the dance might be.

Use the extra sheet of paper to cover the names of the dances so you can reveal one at a time.

Play some fun music. Go first and make up a dance for the first dance name listed while your child tries to guess what it might be called. Give them about 10 seconds, then reveal the name if they haven't guessed it yet. Then switch and let your child dance while you try to guess the dance name. Keep alternating through all the different dances.

The Snow Ski Shuffle
The Bumblebee Swing
The Monkey Walk
The Bus Driver Twirl
The Granny Waltz
The Giant Step Two-Step
The Tiptoe Dance
The Hot Foot Hop
The Tornado Tap Dance

When you're finished, say, "Those were some creative dance moves! In today's story, David used HIS dancing to celebrate what God had done."

Talk About the Bible Story

Why was David grateful to God? (*Because the Israelites had brought the ark to Jerusalem*)

Why does God deserve to be celebrated?

Can you think of some things that God has done in your life that make you feel thankful?

What are some ways that we can show God how grateful we are? (*Praying, singing worship songs, talking about what God has done in our lives*)

Parent: Share about a time when you were so thankful for what God had done, you couldn't help but celebrate!

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, You are worthy of our greatest expression of gratitude and our most joyful celebration. We praise You for what You have done in the past, and we look forward to all that You will do in the future. Help us celebrate You every day and show You how grateful we are for all that You're doing in our lives. We love You, and we pray these things in Jesus' name. Amen."