

Patience means waiting until later for what you want now.

WEEK
2
1ST

Read Exodus 32:1-35

DAY
1

That's True

Grab something to write with and a piece of paper. Then, find a private spot or even your secret hiding spot in your home. Make a list of things you know are true about God. It doesn't have to be a long list. Some ideas for you list could be: God loves me, God knows me, God can help you have patience. When finished, pray the prayer below. Keep your list nearby so you can look at it when you need help remembering what's true.

**Dear God,
Thank You for always being with me. Thank You for helping me choose patience, even when it's hard. Help me remember what is true. In Jesus name, Amen.**

DAY
2

Waiting is Hard

When you have to wait a really long time for something, what do you do? There will always be something that you have to wait for like Christmas or your birthday. But getting what we want right away isn't always best. Ask an adult to help you look it up in Exodus 32:1-35 and read the story together. The Israelites impatience caused an awful consequence. So the next time you want to just give up on waiting, remember what's true!

Look for ways to show patience every day even when it's hard to wait.

DAY
3

Snail Mail

Have you ever had a pen pal? A pen pal is someone you write a letter to and they write you back. It's like having a conversation through the mail. It can be hard to wait for something like a letter because we are so used to hearing back from someone right away with a text or email. You might even start to think that they aren't going to write you back. Put your patience to work while you remember what is true! Think of someone special you can write a letter to and do it! Once you have written the letter, ask an adult to help you send it! Be sure to ask your pen pal to write you a letter back!

Know that you have to practice patience!

DAY
4

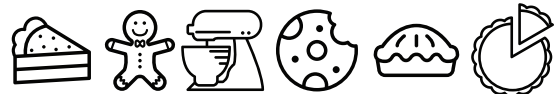
Decode Patience

All week long, we have been learning to remember what is true when we think we can't wait. So, what can you think about when it's hard to wait? Flip this page over and patiently decode the message to find out the answer!

Ask God to help you remember the truth when it's hard to wait.

*When you think you can't wait,
remember what's true.*

Patience DECODER



— Psalm 27:14, Nlru

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Patience means waiting until later for what you want now.

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DAY 1

Read Psalm 40:1

Waiting is hard! And if we had a choice, we'd all probably choose to skip the waiting altogether.

This month is all about patience which is waiting until later for what you want now. When it comes to waiting, there are a lot of things you can do to help you while you wait. One of the biggest things you can do is to remember what's true! When we're frustrated with waiting, we can turn to God. We can ask Him to help us. And when we do, we can know for sure that He hears us and that He cares.

So, how about a little patience challenge!

Grab a clear container and several small objects like pennies, beads, or pom poms. Every time you see someone in your family practicing patience (or anytime someone sees you practicing patience) put one penny in the jar. But anytime you see someone not practicing patience, take two pennies out! Remember, anyone can put a penny in, so you need to practice patience with everyone, including your little sister. At the end of the month, check your patience level!

DAY 2

Read James 5:7-8

If there's one thing a farmer is an expert on, it's waiting! In Bible times, farmers waited for the fall rains to soften the soil to make it good for planting and to help the seed begin to sprout and grow. Then, they waited for spring rains to come and water those crops almost ready for harvest! No matter how much you might want to skip the waiting, farmers know you can't plant and reap (gather the crops) on the same day!

When it comes to waiting, we need to be like a farmer. While we wait, we can remain strong and grow our faith by doing exactly what you're doing right now! Reading God's word, hanging out with our small group to talk about God, praying and telling God how we feel and making wise choices that honor God and others are all ways we can grow in our faith!

Grab your Bible and sit down next to a plant inside or tree outside. Read today's verse out loud. **Ask God to help you have patience and remember that He is with you and that He will help you grow in faith every day as you follow Him.**

PARENT CUE

DAY 3

Read Colossians 3:12

Do you remember what the golden rule says? Does it say, “Treat others the way they treat you?” Nope. If we always chose to treat people the way they treat us, this world would be a pretty scary place.

God has a better way. He asks us to treat others the way we want to be treated. Because you are dearly loved, because God always treats you with patience and love, you should treat others that way too. Even when it’s super hard to show patience, remember the truth that you—no matter what choices you make—are dearly loved by God.

Grab the shoes you wear each day to school. On a piece of tape, write the word “patience.” Place this patience tag on the inside of your shoe to remind you to clothe yourself with patience. **As you lace up those shoes each morning, ask God to help you treat others with patience; the way He always treats you.**

DAY 4

Read Nehemiah 9:17-18

This week’s story from the Bible is pretty crazy! Can you imagine melting down your gold jewelry to make a statue of a calf and then choosing to bow down and pray to it? Can you imagine singing worship songs to your soccer trophy? Crazy, right?

The truth is, those golden calf creating Israelites aren’t all that different from us. We get impatient and try to take matters into our own hands too! When we don’t want to wait, we can do things and say things that we know aren’t loving or kind.

Read the very last sentence of verse 18. Did you catch God’s response? Even when they messed up, God didn’t desert the Israelites. God is tender and kind, slow to get angry and full of love. Even when you become angry or impatient, God is patient with you. It’s so important to remember what’s true about God when you think you can’t wait!

Find a trophy or a valuable object in your home. **Each time you see it this week, ask God to help you remember to be patient and that He loves you, no matter what.**

*When you think you can't wait,
remember what's true.*

Day 2

Read Exodus 32:1-20

As you read Exodus 32:1-20, use emojis to illustrate what you read. You can draw simple ones yourself, or use the notes app on a device to create your emoji re-creation. Here's an example of what the beginning of the story might look like:



Keep going until you've told the whole story in emoji-form. Then save your piece of paper or note for later this week.

Day 3

There is so much that is true about God!

- ➔ God is with you. (Isaiah 41:10)
- ➔ God will give you peace. (Isaiah 26:3 and John 16:33)
- ➔ God will never leave you. (Deuteronomy 31:8)
- ➔ God will guide you. (Psalm 32:8)
- ➔ God will protect you. (Psalm 37:23-24)
- ➔ God will give you rest. (Matthew 11:28-29)
- ➔ God will give you strength. (2 Corinthians 12:9-10)

Which one of these true statements about God means the most to you right now? Circle one or two. Then use them to fill in this prayer.

“Dear God, thank You for the truth that You

_____ When I'm

having a hard time waiting on _____

_____, help me to remember

that _____

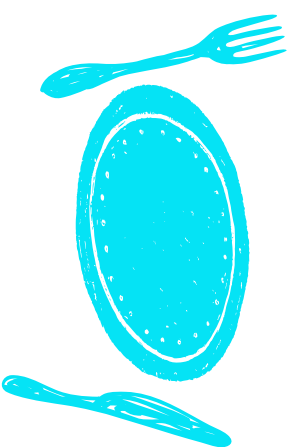
In Jesus' Name, I pray, **amen.**”

Day 4

Grab the paper or device you used for day two and find a friend who you can share the story with.

Use your emojis to help you remember the details of the story found in Exodus 32.

Talk with your friend about what the Israelites forgot when they got impatient. Share with each other something true that you can think about when it's hard to wait.



Day 5

What can you think about when it's hard to wait?

When it's hard to wait, it's easy to forget what is true. So today you're going to make something that will help you remember! Color in the artwork below. Then fill in the blank space with things that are true about God, about you and about patience. Lastly, cut out the circle and hang it on your backpack, or tape it to your bedroom mirror, or put it on the fridge door—wherever you think it will be most helpful to remember what is true!

