

City Nights

YOUTH.

DATE

September 10th, 2025

SERIES

Bible Breakdown-Proverbs: Week One

BEFORE GROUP

BOTTOM LINE:

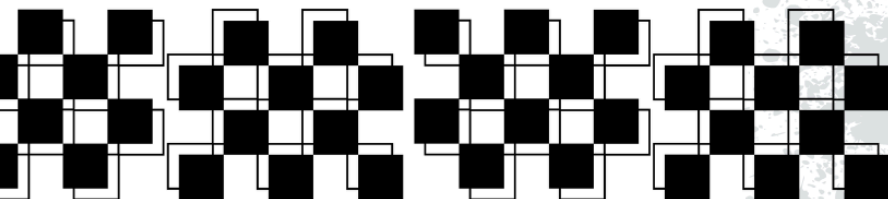
Our words matter / Wisdom begins with the fear of the Lord

SCRIPTURE:

- Proverbs 18:21
- Proverbs 9:10
- Luke 6:45

GOAL OF COMMUNITY GROUPS:

To encourage students to seek God's wisdom above their own, and to be mindful of the life or death they speak into the world



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THINK ABOUT THIS:

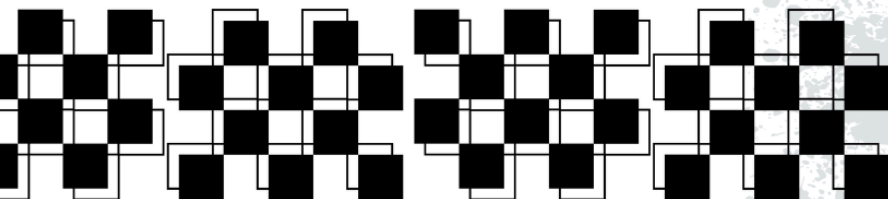
This month will be spent in the Book of Proverbs, and looking at how our students can draw Wisdom from this book and apply it to their lives. This week we're looking at how Proverbs isn't just good advice but God's wisdom for our lives. We don't have to face everything alone, we can learn from those who have gone before us. Proverbs points us to wisdom that ultimately comes from God, and it begins with "the fear of the Lord", and living with humility, awe, and respect for Him.

While we want to spend the next few weeks looking at how we can draw wisdom as a whole, we also want to look at specific, practical applications that students can take. A key focus this week is the power of our words. Proverbs 18:21 says words can bring either life or death, and Jesus reminds us in Luke 6:45 that our words flow from what's in our hearts. The real issue isn't just what we say, but the condition of our hearts. As you lead, encourage your group to think about how their words reveal what's inside and how God can transform them from the inside out.

This is a chance to help your group see encouragement and wise speech as more than being "nice." Speaking life is a spiritual practice that reflects God's love and wisdom. Challenge them to consider: how can they bring life into every conversation this week?

This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here. The goal is to get students verbally engaging, NOT to get through everything in the curriculum.

DURING COMMUNITY GROUP



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HIGH/LOWS & OPENING

Begin with highs & lows from their week after they introduce each other. Really take this time to listen and ask questions to show you are interested in their lives.

ICEBREAKER:

What's one compliment you've received that you haven't forgotten?

SCRIPTURE/VIDEO DISCUSSION:

(Some groups may watch the video to begin Group time and then break off into their smaller groups, and that's okay)

DISCUSS THIS

1. Can you think of a time when advice from someone else really helped you avoid a mistake or succeed at something?
2. What's a proverb or piece of advice (biblical or not) that's stuck with you, and why?
3. We talked about "the fear of the Lord" being the beginning of wisdom. How would you explain what that means in your own words?
4. Proverbs 18:21 says, "Death and life are in the power of the tongue." Can you think of a time when someone's words brought you life (encouragement, hope, joy) or death (hurt, discouragement, anger)?
5. How often do you consider the words that you speak?
6. Luke 6:45 says, "Out of the overflow of the heart the mouth speaks." What do you think your words reveal about your own heart?
7. Who is someone in your life you could intentionally encourage this week, and how?
8. If our words can bring either life or death, what intentional steps can you take this week to let God transform not just what you say, but the heart from which your words flow?

