

Confidence means learning to see yourself the way God sees you.



Read Jeremiah 17:7

DAY
1

Hard Times, Tough People

Think of something you have done that was really hard and you nailed it when you didn't think you could. Did you know that God was right there to help you? Now, you get to use what you learned to help others. What is something you have learned that could help someone else? It could be riding a bike, reading, or drawing. Grab some paper to either draw a picture or write about something you could do for someone that could use your help!

Know that God could use you to help others during their hard times.

DAY
2

Praying Hard

Sometimes we can be so overwhelmed about what is going on around us that we don't know what to do! The best thing we can do is talk to someone who is always there: God! You can be confident that He will always be there to listen, no matter where you are. Let's take some time to talk to Him now.

“Dear God, Thank You for always being there for me no matter what, where, or when. I know that I can always trust You. I am confident that You will always hear me and love me forever. Amen.”

DAY
3

Be Confident in the Word

Ask a parent to help you look up Jeremiah 17:7. Read it together a few times. Now, talk together about ways that you can trust God. Parents, talk to you kids about a time that you trusted God and He took care of you!

Look for opportunities to put your trust in God when you can't do it alone!

DAY
4

Confidence is . . .

Jesus came to Earth because God loves us so much that He sent His only Son to save us! We can be confident that we are loved! Who is someone that you could show God's love to this week? How can you show them that they are loved? Think through some ways that you could show someone close to you that you love them like Jesus does!

Know that we can be confident of Jesus' love for us.

*You can be confident
because God loves you.*



Confidence means learning to see yourself the way God sees you.

WEEK
1
2ND-3RD

DAY 1

Read John 3:16

This month is all about confidence. When you think about that word, what comes to mind? Write your own definition in the space below:

Maybe you think of confidence as being sure of something or of a belief in yourself. But confidence isn't about how YOU feel about yourself. We're defining confidence as learning to see yourself the way GOD sees you.

How do you think God sees you? What do you think God thinks about when He thinks about you?

We'll let you in on a little secret. God thinks you are amazing. After all, He made you. He's so crazy about you that He did something no one else would do. He sent His only Son, Jesus, so He could have a relationship with you, forever.

Ask an adult for a dry erase marker. On your bathroom mirror, write out John 3:16 all around the sides so that you can still see your own reflection. As you look in the mirror each morning, read the verse and remember just how much you are LOVED. **You can have confidence because God loves you.**

DAY 2

Read John 3:17

God sent Jesus to fix a big problem. You see, God made us to be in relationship with Him. But instead of trusting that God's way is the best way, people sinned. People chose to disobey God and do their own thing. By sending Jesus to die on the cross and take the punishment for our sin, God made a way for us to be forgiven. He sent Jesus because He loves us. God made a way for us to be in a relationship with Him, forever.

Grab your dry erase marker from yesterday and write out this verse somewhere on your mirror. You can even cover where your face goes if you've run out of space.

As you look in mirror, remember that God loves you so much that He sent Jesus, not to make you feel bad when you mess up, but to save you when you do. **That's how much God LOVES you.**

DAY 3

Read Romans 6:23

When you have a job, you earn a wage or paycheck. Your boss or company pays you what you are owed for the work you've done. Because our sin—the things we do in disobedience to God—we should earn to be separated from God.

But there is GOOD news. When we believe in Jesus and turn from our sin (meaning, we choose to go God's way instead of our own), we will NOT be separated from God!

Grab a piece of paper and write out the words of today's verse in big block letters. Draw a box around the words "wages" and "gift." Then draw an arrow from "wages" to the word "death" and "gift" to the words "eternal life." Draw a big X over the word "death." Circle the word "but" three times for emphasis. Finally, highlight or draw sunshine lines around eternal life to emphasize the huge GIFT God has given you through Jesus. **Remember, you can have confidence because God loves you.**

Show your verse to an adult. Point out all your boxes and arrows and other markings you've made. Then explain this verse in your own words.

DAY 4

Read Romans 10:9-10

Read the following questions and then answer them according to what's written below.

- ➔ Do you like pizza? (Say "yes" and nod your head "yes.")
- ➔ Do you like homework? (Say "no" and nod your head "no.")
- ➔ Do you like to go to the pool? (Say "yes" but nod your head "no.")

Which example felt the weirdest? The last one! Today's verse reminds us that when it comes to trusting Jesus, our heart and our voice have to agree. In other words, it's not just enough to SAY we believe in Jesus and what He's done for us. **We need to believe it in our hearts.**

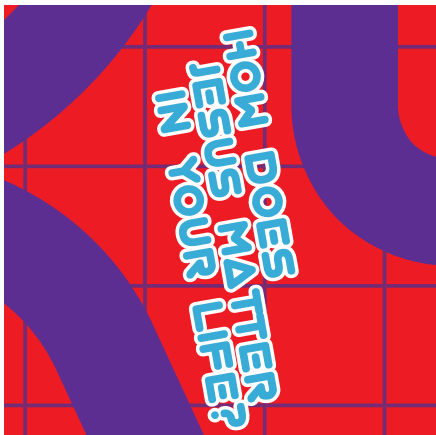
How do you feel about today's verse? Does your heart and your voice agree?

Have you made a choice to trust Jesus, to believe in your heart that He died and rose again, so you could be forgiven? Have you told anyone about this decision?

You can be confident
because God loves you.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



4th-5th

Week 1



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3
After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

Day 2

Read John 3:16

As you read John 3:16, underline these words: **LOVED, GAVE, BELIVES, ETERNAL LIFE.**

Next, pick one of the following ways to illustrate these words:

- ➔ Draw a symbol or simple drawing that depicts each word
- ➔ Come up with a hand motion that represents each word
- ➔ Write a short poem or song with these words that conveys the message of John 3:16

It's no surprise that John 3:16 is one of the most famous Bible verses. John tells us how we can live forever with God: simply by trusting in Jesus as our Savior!

P.S. Hold on to your drawing or song—or jot down some notes on your hand motions so you don't forget them—as you'll use them later this week.

Day 3

Have you ever been walking or running and you saw something to the side that distracted you and you fell?

What is something you could use some confidence in today?

(1) _____

Who is someone else you know who could use a boost of confidence today?

(2) _____

What area could they use that confidence in?

(3) _____

Now transfer your answers to the numbered blanks below, and then pray the prayer out loud.

“Dear God, thank You for loving the world and me so much that You gave Your one and only Son. I'm thankful that anyone—including me—who puts their trust in Jesus can live with You forever. Knowing that You love me gives me confidence today that I can (1) _____. I know that (2) _____ also needs confidence to (3) _____. I know so help them remember today how much You love them. In Jesus' Name, I pray. **amen.”**

Day 4

The truth that Jesus, God's only Son, came to earth to be our Savior is the best news EVER!

So find a friend or family member today to share that great news with. You can:

- ➔ Show them your drawing from yesterday and explain each symbol
- ➔ Recite John 3:16 for them while you teach them your hand motions
- ➔ Perform your poem or song for them

Then take a minute to share with each other why that verse gives you confidence! You can be confident because God loves you.

Day 5

Why does Jesus matter?

Jesus matters because, not only is He the Son of God and the Savior of the world, but He also shows us how important we are to God! That means no matter what you face, you can be confident knowing that God loves you so much, He sent His Son to die for you!

God

Loves

Me.

Those three simple words can change how you see yourself and every situation that you face. Grab a sheet of paper and write out those words using fun fonts and different colors of markers or colored pencils. Then think about the area of your life where you most need confidence. School? Try taping the paper on the outside of a notebook you use often. Sports or music? Place the paper in your equipment bag or tape it inside your instrument case. Whenever you're feeling a little less-than or not up to the task, look at it and remember that when God sees you, He sees someone He created, someone who is loved, someone who matters.

