

# Confidence is living like you believe God is with you.

Read: 1 John 4:7-8



## Share The Love

Play a game of freeze tag with some friends. Whoever is “it” is “love” and those who get tagged are “loved.” To signal you have been tagged, stand frozen with your hand on your heart until you get unfrozen.

**LOOK** for ways that you can share God’s love.



## God is Love

Look up 1 John 4:7-8. Read through this verse a few times. Talk with someone in your house about people you can love and people you can tell about God’s love.

**ASK** God to help you share His love with others.



## Send A Hug

Create and send a hug to a friend. Trace your two hands and cut them out, cut out a heart shape as big as your hands. Attach the palm side of your hands to either side of the heart. Fold hands over heart. Inside of the heart, write or draw a picture of something you love about God. Send it!

**KNOW** that everyone needs to know about God’s love.

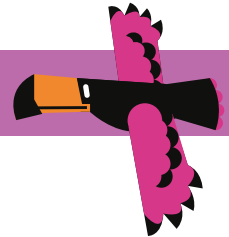


## Loved

Pray and ask God to help you share His love. Use the prayer below or your own.

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 “Dear God, Thank You for loving us all the time. Please help me to show others your love by how I talk to them and treat them. Allow them to see you through me this week. Amen.”  
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**THANK** God for loving you.



Share God’s love with others.



# Confidence is living like you believe God is with you.

## DAY 1

## Read Matthew 28:18-19

This month, we're talking about confidence, living like you believe God is with you. Have you ever faced something that made you feel a little nervous or anxious?

We all feel anxious sometimes. When you do, it's important to remember one big truth. You don't have to face anything alone. When we put our faith and trust in Jesus, we have his Spirit to help us. We can have confidence to share Jesus' love with everyone no matter the situation because we aren't alone.

If you start to feel anxious this week, bow your head and thank God for being right there with you. Ask God to help you remember that because of Jesus you can stand with confidence, no matter how you feel.

## DAY 2

## Read Matthew 28:20

Let's say you had two choices: 40 pieces of your favorite candy right now or 1 piece today and doubled every day for a week.

If you said option 1, you'd have 40 pieces.

If you said option 2, by the end of the week, you'd have 64 pieces of candy!

Don't believe me? Complete the math problems below.

Day 1:  $1 \times 1 =$  \_\_\_\_\_

Day 2:  $1 \times 2 =$  \_\_\_\_\_

Day 3:  $2 \times 2 =$  \_\_\_\_\_

Day 4:  $4 \times 2 =$  \_\_\_\_\_

Day 5:  $8 \times 2 =$  \_\_\_\_\_

Day 6:  $16 \times 2 =$  \_\_\_\_\_

Day 7:  $32 \times 2 =$  \_\_\_\_\_

Grand Total: 64 pieces of candy!

This idea is called exponential growth!

When you share God's love with one person, and then both of you tell one person and then all four of you tell one person (see math answers above) soon ALL those people can start living with confidence too!



DAY 3

### Read Ephesians 3:16-19

#### Love in ALL Directions

Grab four pieces of paper and some tape. With adult permission, tape the four pieces of paper on the wall of your room to indicate the four directions on a compass.

North: Reach up as high as you can to tape one page to the wall

West & East: stretch your arms out as wide as you can to tape two pages to the wall

South: Tape the fourth page to the bottom of your wall



You can easily see all four directions, right? And though it might be a stretch, you can reach each one. God's love is way bigger than that. It's wider, and longer, and higher, and deeper than we can imagine. It's so big, we can't even measure it!. He wants you to have confidence to live the way He's called you to live because He loves you more than you can imagine.

This week, if you need a little confidence, tap each of these pieces of paper as a reminder of God's great big love for you. Then ask God to help you share that love with everyone.



DAY 4

### Read John 15:12

When a drill sergeant in the army gives a command, what does a soldier do? Of course, they follow the command!

Thankfully, Jesus isn't a drill sergeant. He's asking us to share HIS love with the people around us. We follow Jesus and love others because He loves us.

At the first week of basic training, soldiers start singing in cadence so they can step in time. Repeat the following cadence below. Then write your own rhyme in the box below.

"I don't know but I've been told"

"God's love for you is better than gold"

"Love each other every day"

"Because God's love is here to stay."

Sound off,

One two,

Sound off,

Three four,

Sound off,

One, two, three four, one, two - three, four!

Three horizontal lines for writing a rhyme.

## Share God's love with others.

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Series of horizontal dotted lines for journaling.



Day 1

After watching, write one thing that:

- 1. You liked:
2. You learned:
3. You'd like to know:

Watch this week's episode of The So & So Show by going to: https://bit.ly/PreteensSundaySathome

Even if you already saw it at church, feel free to check it out again!

## Day 2

Read **Matthew 28:16-20**

How many people were there when Jesus said to go and make disciples?

And how many did Jesus want them share God's love with?

What did Jesus tell the disciples about who will help them?

Just like Jesus promised, through the Holy Spirit He was with the disciples to the very end. And through the Holy Spirit, Jesus is with us too! As we continue to **share God's love with others**, we can be sure that Jesus is with us!

But some still had their doubts. (Matthew 28:17b, NIV)

**In Matthew 28:16-20, Matthew includes a sentence that may encourage you as you share God's love with others.**

At some point, you might have some doubts when it comes to your faith. When that happens, know that you're in really good company: even Jesus' disciples who saw Him raised from the dead weren't entirely sure what to believe. Thankfully, Jesus promised He would always be with us!

Read this prayer out loud to God and focus on the truth that Jesus is with you!

"Dear God, Sometimes it's hard to follow You. Help me remember that You are always with me. Thank you for Jesus; help me share His love with others. In Jesus' Name, I pray. Amen."

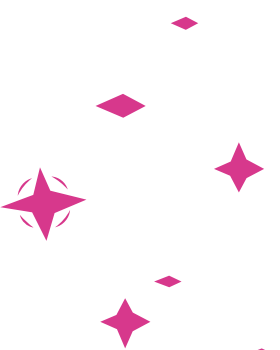


## Day 4

Who do you know that needs to hear about Jesus' love?

Who needs to be reminded that they are not alone—and that Jesus is with them wherever they go and whatever they face?

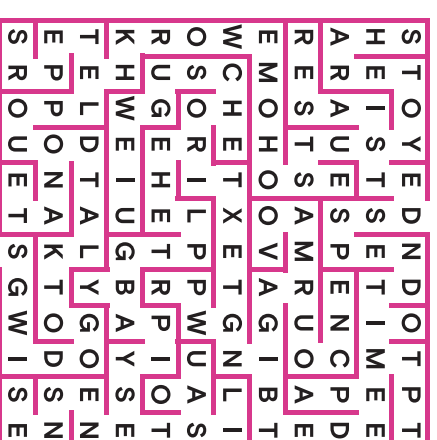
Pick one of these names and find some time to talk to them. Offer them encouragement and remind them how God loves them!



## Day 5

How can you share God's love?

There are lots of ways to share God's love with others! Grab a yellow marker and highlight the ways you can find in the Pac-Man Puzzle!



Now circle at least one with a pen that you can do today to share God's love!