

City Nights

YOUTH.

DATE

January 28th, 2026

SERIES

Back to the Basics: Week Four

BEFORE GROUP

BOTTOM LINE:

We can choose God's original design each and every day.

SCRIPTURE:

- Philippians 1:6
- Galatians 5:16-25
- 2 Corinthians 3:18

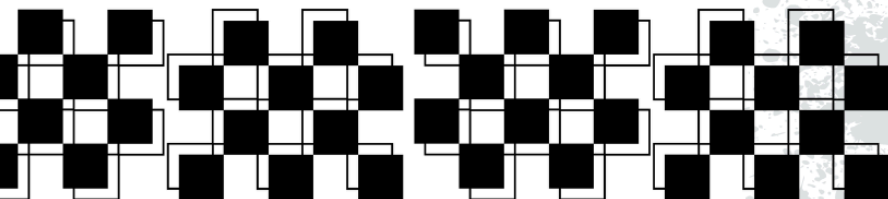
GOAL OF COMMUNITY GROUPS:

For students to see how their life is more than just heaven or hell, but the choices they make that either follow or stray from God's path.

THINK ABOUT THIS:

Tonight, try to help students understand that salvation is just the beginning of a lifelong process of becoming more like Jesus. Explain that the Holy Spirit works in our hearts, shaping our character and producing the fruit of the Spirit, but that growth also requires our cooperation through prayer, Scripture, obedience, and accountability. Emphasize that this is a gradual process; setbacks are normal, but God's work in us is persistent and faithful.

Encourage practical application by helping students identify areas where they need growth and providing guidance on habits that support spiritual transformation. Lead discussion on how daily choices, community, and perseverance play a role in cooperating with God's work. Emphasize that sanctification is ultimately about reflecting God's goodness and being restored to His original design. Inspire hope by showing that every step of growth brings them closer to Christlikeness and allows them to impact the world around them in ways that honor God.



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This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here. The goal is to get students verbally engaging, NOT to get through everything in the curriculum.

DURING COMMUNITY GROUP

HIGH/LOWS & OPENING

Begin with highs & lows from their week after they introduce each other. Really take this time to listen and ask questions to show you are interested in their lives.

ICEBREAKER:

What's one habit you'd like to change this year?

SCRIPTURE/VIDEO DISCUSSION:

(Some groups may watch the video to begin Group time and then break off into their smaller groups, and that's okay)

DISCUSS THIS

1. What does 2 Corinthians 3:18 teach about how God transforms us?
2. Why do you think sanctification is a process, not an instant change?
3. What areas of your life do you feel God is currently shaping or changing?
4. How do you respond when you mess up or fall into sin during this process?
What spiritual habits (prayer, Scripture, worship, community) help you grow in Christ?
5. How can living in the Spirit (Galatians 5:16–25) impact your daily choices?
6. How does knowing God is at work in you give confidence to keep growing?
7. What is one practical step you can take this week to cooperate with God's work in your life?

