



CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

### MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



### 4. FEELINGS FOUR CORNERS

[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** "Feelings Four Corners" Activity Pages, copy paper, and painter's tape

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Copy "Feelings Four Corners" on paper, one set per activity. Tape one page in each

corner of the activity area at preschooler level. Tape a large heart on the floor in the middle of the activity area.

**DURING THE ACTIVITY:** Have the children stand in the heart. Call out a feeling that is in one of the corners. Tell the children that God loves them when they are feeling that feeling then have them run to it. For example, "I see a picture of a sad face. God loves us even when we're sad. Run to the sad face." After children get to the picture say, "God loves you no matter what," then ask the children to return to the heart.

**AFTER THE ACTIVITY:** Repeat the activity by describing each feeling and having the children visit each corner. Repeat as desired.

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "We have pictures around our room. They are pictures of feelings that we all have sometimes. Let's look at the feelings. There is a picture of a sad face. (Point.). Here is the picture of a happy face. (Point.) Here is a picture of a frustrated face. (Point.). Here is a picture of an afraid face." (Point.)

**DURING THE ACTIVITY:** "Everyone, come stand in the heart with me. (Pause.) Listen very carefully to what I say and go to the picture I'm talking about. Are you ready? (Pause.) Sad face. (Encourage children to run to the sad face.) God loves you even when you are sad. Great job! God loves you no matter what! Run back to the heart! (Pause.) Now go to the corner that has a frustrated face. (Pause.) God loves us even if we're frustrated! Great job! God loves you no matter what! Go back to the heart and let's do it again! God loves you when you are afraid. Go to the afraid face. (Pause.) God loves you no matter what. Nice! Run back to the heart. (Pause.) Now go to the corner that has a happy face. (Pause.) God loves us even if we're happy! God loves you no matter what! Go back to the heart, and let's do it again! (Repeat as many times as desired.) That was so much fun!"

**AFTER THE ACTIVITY:** "It is so awesome to know that God loves us no matter how we're feeling. God loves us no matter what! **Who loves you no matter what? God loves me no matter what!**"

### BIBLE STORY

God loves me when I'm happy.

**ABRAHAM AND SARAH ARE HAPPY**  
**GENESIS 21:1-8**

### MEMORY VERSE

"Trust in the Lord with all your heart."

**PROVERBS 3:5, NIV**

### KEY QUESTION

Who loves you no matter what?

### BOTTOM LINE

God loves me no matter what.

### BASIC TRUTH

God loves me.



## MADE TO REFLECT

an activity that encourages personal application and prayer



## 6. JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Paperclipped "Memory Verse Card" in your Bible at Proverbs 3:5; journal; fun-shaped pen; and reward stickers or handstamp

**SMALL GROUP LEADER (SGL):**

"Now let's sit down so we can write in our prayer journal and talk to God. (*Hold journal and fun-shaped pen.*) Abraham and Sarah felt very happy in our Bible story today, so we're going to make a list of things that make us feel happy. When I say your name, tell me one thing that makes you feel happy.

(*Write down what each child says beside their names. Remember to print so the children can recognize their names and the letters.*)

"Happy feels good, and knowing that we can always talk to God about everything in our hearts, makes me feel super, dufer happy! Would anyone like to pray before I pray?"

(*Give each child who wants to pray the opportunity to do so.*)

### PRAYER

**SGL:** "Dear God, today we want to thank You for some of the things that make us feel happy. Thank You that [child's name] feels happy when (*read what they listed*), and [child's name] feels happy when (*read what they listed*). And thank You that . . . (*continue naming each child and what they listed*). Thank You for always loving us and that we can talk to You about everything. You're the best, God. In Jesus' name, amen."

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