

Shout Out: Who've you thanked today?



Use this guide to help your family learn about gratitude.

First, watch this week's video!

Gratitude:
Letting others know you see how they've helped you

Memory Verse

"Give thanks to the Lord, because he is good. His faithful love continues forever."
Proverbs 10:9, NIV

Bible Story

Jesus Heals Ten Men
Luke 17:11-19

Bottom Line

Take time to say thank you.

Activity

Thank You, Thank You

What You Need:

Sheet of paper, writing utensil or crayons

What You Do:

Invite your child to do an activity with you. Ask them to think about someone who they're thankful for. Maybe it's a teacher, a coach, a friend, or a family member.

Then, encourage your child to write a thank you card to that person. They could draw them a picture, write them a note, or both!

When they're finished, help them mail the note so that the person they're thankful for receives it.

Ask, "How did it feel to write your note to [person]? Are there other people you're thankful for who you could thank as well?"

Talk About the Bible Story

In today's story, how many men did Jesus heal? (10)

How many of the men came back to thank Jesus? (one)

Why do you think the other nine men forgot to say thank You?

Why is it important for us to take time to thank the people who have helped us?

Parent: Share about a time when someone thanked you for something you did—maybe something you didn't think anyone noticed! How did it make you feel to be thanked?

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, there's so much to thank You for! You give us so many good things, and we are grateful. Help us live a life that shows our gratitude. As we go throughout our day, show us how we can take time to say thank you to the people who have helped us. We love You, and we pray these things in Jesus' name. Amen."

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Key Question

What helps you remember to be grateful?

Activity

All Thumbs

What You Need:

Tape, and items that are difficult to pick up (coins, paper clips, a sheet of paper, etc.)

What You Do:

Place the difficult-to-pick-up items on a flat surface. Then invite your child to do an activity with you.

Wrap the tape around your child's hands so that they're not able to use their thumbs. Then challenge them to try to pick up the items.

You could also challenge them to do simple tasks like write down their name, shake someone's hand, wad up a sheet of paper, or fold a paper airplane.

When you're finished, unwrap your child's hands. Say, "Sometimes we take simple things for granted, like the use of our thumbs. I bet those simple tasks felt a lot less simple when your thumbs were taped up! In our story today, we heard about some men who were going through life with a challenge . . . but then Jesus changed everything!"

Talk About the Bible Story

What did Jesus do for the 10 men? (*He healed them of their skin disease.*)

How did the one man respond to what Jesus did for him? (*He came back to say thank You.*)

Why do you think the other nine men forgot to thank Jesus?

Why is it important for us to take time to thank the people who have helped us?

Who do you need to take the time to thank this week? What will help you remember to do that?

Parent: Share about a time when someone thanked you for something you did—maybe something you didn't think anyone noticed! How did it make you feel to be thanked?



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we are thankful for all You do for us, and for the people You've put in our lives. Help us remember to show our gratitude by saying thank you to the people who help us, love us, and care for us. Give us grateful hearts so that we remember to take time to say thank you. Help us show our love for You and for others with grateful words and actions. We pray these things in Jesus' name. Amen."