

HUMILITY

WEEK **3**
1st

PUTTING OTHERS FIRST BY GIVING UP WHAT DO YOU THINK YOU DESERVE

BOTTOM LINE: Put others first because Jesus put you first.

Read Philippians 2:3

DAY
1

The Last Player

Ask your family members if they would like to play a game with you and allow them to pick the game. This can be a game that you already have in your house. After they have decided on the game, allow everyone to take their turn first which puts you last. Allowing everyone to go first shows them that you care more about them than you do being first.

Look for ways that you can always put others first.

DAY
2

Value Menu

Grab some paper and something to write with.

Think of a few things that you can do for people in your house to show them that you value them. Below are some ideas of things you can do. Choose two or three ideas below and copy them onto a paper. Go to someone in your house, show them the "menu," and ask them to pick something that they would like you to do for them and do it!

Pick 2-3

1. Collect the garbage.
2. Play a game of their choice.
3. Pick up toys.
4. Clean up after dinner.

Know that putting other's needs above yours shows you value them.

DAY
3

Order the Verse

Grab some paper, scissors, and something to write with. Cut five strips of paper. Write one sentence of the verse and the reference on each paper. When finished writing, mix up the order of the verse and then put it back into order to practice.

Ask God to help you value others.

DAY
4

Jesus' Example

Thank God for sending Jesus to teach us how to put others first. Pray something like this:

"Dear God, Thank You for sending Your Son, Jesus, to earth to be an example of how we should put others first. I pray that I can always try to put others first. Even when it's really hard. I love You, amen."

Thank God to sending Jesus to set an example for us.



HUMILITY

WEEK
THREE

2nd-3rd Grade

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**PUTTING OTHERS FIRST
BY GIVING UP WHAT
YOU THINK YOU
DESERVE**

READ PHILIPPIANS 2:3

DAY 1

Write out today's verse in the space to the right.
Go ahead. We'll wait.

Done? Awesome. Put a box around the word "anything."
What does that word include? Well, everything! If you
find yourself doing something just to get ahead or
win or be first, "DON'T!" Instead, choose humility.

Humility is putting others first by giving up what
you think you deserve. Our focus should be on others.
When we give up what we deserve, putting others
first just comes naturally.

That's what Jesus did. Did Jesus choose to die on the cross to get ahead? No way! He could have stopped that whole thing any time He wanted to. Jesus could have said, "You know what, I'm done with all this. Send in an army of angels to rescue me." But He didn't. Instead, Jesus faced all the pain of the cross, He gave up everything He deserved to put you first.

So the next time you find yourself doing "anything" to get ahead, stop. Remember what Jesus has done for you and ask Him to help you put others first this week.



READ PHILIPPIANS 2:4

DAY 2

Have you ever completed one of those "hidden picture" pages or tried to spot things in an I Spy book? The most helpful part of those puzzles is the list of things to look for on the side of the page. After all, if you don't know what to look for, you might waste a lot of time searching for the wrong thing.

Today's verse gives us a clue of what to look out for when it comes to following Jesus. Instead of always looking out for your own good, for the things that make you happy, we should do what? Yep, look out for the good of others! When it comes to humility, we always have to put "you" (that's others around us) before "me."

➤ **Here's a little "I spy" challenge for you.** For the next 24 hours, pay attention to the people around you. If you spot an opportunity to help or do good for someone else, do it. Ask God to help you put others first this week by spying ways you can help!

READ PHILIPPIANS 2:5-7

DAY 3

Jesus chose to leave the beauty and perfection of heaven to come to earth in a human body. He chose to live a regular life instead of entering the world as a rightful king or powerful ruler. Jesus came to serve, to love others, to help, and most importantly, to SAVE. Because of His obedience to live this way and to die on the cross for us, we can have a relationship with God forever. Jesus has given us the ultimate example of humility by choosing to put us first.

Take out of a piece of paper and write the word "JESUS" in large block letters in the center of the page. All around the page, write out words that describe how you could become more like Jesus. Here are a few examples to get you started: loving, listening, serving, helping.

When you finish, take a look at your page and thank God for sending Jesus. Ask God to help you follow Him by putting others first this week.



READ PHILIPPIANS 2:8

DAY 4

Jesus chose to put us first, to do what God asked even though it meant going all the way to the cross. Jesus chose obedience and humility. And because He died and rose again, we can be forgiven and become a part of God's family. If you believe in what Jesus did, if you've made a choice to trust Him as your Savior, then your main job is to treat everyone around you like Jesus did.

Because Jesus *listened* when people were hurting, you should listen well.

Because Jesus *showed compassion* to the people around Him, you should show compassion.

Because Jesus *taught others about God*, you should tell others about Him.

Because Jesus *consistently gave up what He wanted to put others first*, you should put others first too.

Think of someone that's hard to get along with or someone that easily frustrates you. In the space below, write one way you could put that person first sometime this week. Be specific.

Ask God to help you follow through on what you've written so you can put others first just as Jesus put your first.

PUT OTHERS
FIRST BECAUSE

JESUS PUT
YOU FIRST.



WHAT KEEPS YOU FROM PUTTING OTHERS FIRST?

HUMILITY

PUTTING OTHERS FIRST BY GIVING
UP WHAT YOU THINK YOU DESERVE

DAY 5

Today, practice being last at everything you do.

Not late . . . just last.

- If a line forms to do something at school, let others go ahead of you.
- When you and your sister arrive at the bathroom door at the same time, let her go first.
- When the brownies are cut at the dinner table, let everyone else pick first.

Put others first all day long.

Then tonight, spend some time praying and thanking God for the chance to lead with humility. Because that's what you did when you put others first today! By valuing others more than yourself, you showed true humility, as Jesus Himself modeled for us.

DAY 1

Go to Studio252.tv and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: _____

2) YOU LEARNED: _____

3) YOU'D LIKE TO KNOW: _____

DAY 2

Read Philippians 2:3-7a

In the re-write of Philippians 2:3-7a below, write in the words that have been substituted by a math symbol.

Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others > yourselves. 0 of you should look out just for your own good. Each of you should also look out for the good of others. As you deal with 1 another, you should think + act as Jesus did. In his very nature he was God. Jesus was = with God. But Jesus didn't take advantage of that fact. Instead, he made himself 0.

You may not think of humility like a math equation, but it kind of is! It means making others > yourself. We have the best example in Jesus, who made himself 0 . . . nothing . . . even though He is = with God!

(Answers: more than, none, one, and, equal, nothing)

DAY 3

Look back at yesterday's equation. The math may not be hard, but there is a super hard part of the equation: making others > ourselves, or making ourselves 0. Easy to solve, not so easy to live!

Thankfully, we not only have Jesus' example, but we also have God's help. We just need to ask Him. Fill out the blanks in the prayer below. Then, as you read the prayer out loud, move as the words in parentheses guide you.

"Dear Jesus, thank You for coming down from heaven (kneel with one knee on the floor) and humbling Yourself to die for me. The fact that You, God's Son, would give up Your life for me (put your hand on your chest) is amazing to me. I am incredibly thankful, and I want to follow in your footsteps (walk a few steps) and put others first too (take a big step back). One area or person I have trouble with humility is

_____. I confess it's hard because _____. Help me to put others first in this situation, even though

_____. Thank You for loving me (cross your arms over your chest) even when I'm not good at putting others first, and help me to live a life of humility (kneel with one knee on the floor) like You did. Amen."

DAY 4

Who is the person that you wrote about yesterday that you have the hardest time showing humility to? Today, find that person and apologize for the times that you've been too prideful to put them first. You may want to do it in person, or you may find it easier to send a text or email or write them a note.

If that's not possible, or if there's not one particular person, then find a trusted friend or parent and share with them your struggles to put others first. Ask them how they've struggled with humility too, and together, share one area where you can each **put others first because Jesus put you first.**