

Gear Up: An adventure in kindness

Kindness is showing others they are valuable by how you treat them.



Talk About the Bible Story

Open the Bible together and read Ruth 1–2 or watch the video together on the Parent Cue app.

Engagement Questions

- **When is it hard to be kind?**
- Why is it sometimes a lot harder to be kind to the people closest to us?
- What are things you can do to remember to show kindness to family and friends?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



Prayer

“Dear God, thank You for showing us how to love our family and friends with kindness in ways that please You. Teach us how to show others they are valuable through the words we use and the way we act toward them. Help us to choose to be kind to our families and friends by treating them the way we want to be treated. We love You. Amen.”

Weekly Parent Cues →

MEMORY VERSE

“You are God’s chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don’t be proud. Be gentle and patient.”
Colossians 3:12, NIRV

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Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, tell them, "I love being your _____ (mom/dad/grandparent/caregiver, etc.)."



Meal Time

At a meal this week, have everyone at the table answer this question: "When is it hard to be kind?"



Drive Time

While on the go, ask your kid: "What is something you are looking forward to doing or someone you are looking forward to seeing this week?"



Bed Time

Pray for each other: "God, help us not to forget that those closest to us deserve our kindness every day."

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



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