



First, watch  
this week's  
video!

Courage: Being  
brave enough  
to do what you  
should do,  
even when  
you're afraid

### Memory Verse

"Be strong and brave.  
Do not be afraid.  
Do not lose hope.  
I am the LORD your  
God. I will be with you  
everywhere  
you go."  
Joshua 1:9b, NIV

### Bible Story

Joshua and Caleb  
Numbers 13-14

### Bottom Line

You can do what you  
should even when  
others are afraid.

Use this guide to help your family learn  
how God can give us courage.



## Activity

### Face Your Fears

#### What You Need:

opaque bags (gift bags, paper bags, reusable grocery bags); items of different textures (slime, plush friend, smooth rock)

#### What You Do:

Place one item in each bag and place the bags in a row. Invite your child to play a game with you.

Say, "There is a different item in each bag. Without looking, reach into each bag and try to guess what each item is."

Let your child reach into each bag and guess what each item is. If time allows, have your child look around the house for items to place inside the bags for YOU to guess!

When you're finished, say, "I know that might have been a little scary, not knowing what you were about to touch. But you faced your fears! I was a little nervous FOR you, and I knew what was in the bags! That reminds me of our story from today—of two guys who faced their fears when everyone else around them was afraid."

## Talk About the Bible Story

In today's story, who showed courage when everyone else was scared? (*Joshua and Caleb*)

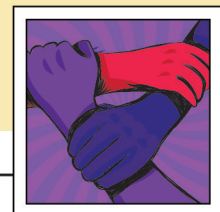
What did Joshua and Caleb do that was so brave? (*They encouraged the Israelites to enter the land because God was with them.*)

Why were Joshua and Caleb able to show so much courage? (*They believed that God would help them succeed.*)

When is it difficult for you to show courage?

What can you do in the future to have more courage?  
Who can help you have courage?

*Parent: Share a personal story of a time God helped you face a fear, and share what you gained because of that experience.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for reminding us that we're not alone as we face our fears. When we're tempted to lose hope and give up, remind us that You've called us to be brave. You've given us Your Holy Spirit to help us. No matter what challenging or scary thing may happen this week, please help us stand in the face of our fears—even when others may be afraid. We love You, and we pray these things in Jesus' name. Amen."



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### Key Question

What are people  
afraid of?

Use this guide to help your family learn  
how God can give us courage.

## Activity

### Courage and Co.

#### What You Need:

markers; paper

#### What You Do:

Place one sheet of paper down for your child, and one for you. Put the markers between you. Ask your child to join you for a little design challenge.

Say, "In our story today, we heard about two guys who showed a lot of courage when others showed fear. We're both going to design logos today—one logo for what we think represents courage, and one logo for what we think represents fear. Which one do you want to design?"

Allow your child to choose either courage or fear. If needed, show them some examples of logos, or ask them what logos they've seen on that they'd recognize. Then, get to work—both of you working on either a logo for fear or a logo for courage. When you're finished, show each other your logos and explain your designs.

Say, "Let's hang the courage logo somewhere we can see it every day. Just like Joshua and Caleb, we can be strong and brave because God is with us."



## Talk About the Bible Story

What was the name of the land God had promised to give to the people of Israel? (*Canaan*)

What was it about Canaan that scared some of the spies? (*the high walls around the cities, a lot of tall people*)

What did Joshua and Caleb do when the Israelites started to panic and were ready to head back to Egypt? (*They reminded the people that God was with them; they encouraged the people to believe that God would help them defeat the Canaanites.*)

Why were Joshua and Caleb able to show so much courage? (*They believed that God would help them succeed.*)

Joshua and Caleb stood together when the others were afraid. It's important to choose our close friends well. What can you do to make sure you have a friend who helps you do what you should, even when others are too scared to do so?

*Parent: Share a personal story of a time God helped you face a fear, and share what you gained because of that experience.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we pray for the many people around the world who need to be courageous and stand for what's right—even when others are afraid. We pray for our family as well. Give us the power of your Holy Spirit to not be afraid. You, Lord, are bigger than any fear, and we praise You for the strength You give us to do and say what's right . . . even when no one else is. In Jesus' name, amen."