



First, watch  
this week's  
video!

**Integrity:**  
Choosing to  
be truthful in  
whatever you  
say and do

#### Memory Verse

"Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught."  
Proverbs 10:9, NIV

#### Bible Story

Shadrach, Meshach,  
and Abednego  
Daniel 3

#### Bottom Line

When you do  
what's right, others  
can see God.

Use this guide to help your family learn how God can help us live with integrity.

## Activity

### Stat-You

#### What You Need:

Internet access

#### What You Do:

Invite your child to play a game. Say, "Have you seen a statue before? Statues are usually made of hard materials like stone or metal. They do not move!" Show your child a picture of a statue, like the Statue of Liberty, by finding an image on the internet.

Say, "Let's have a contest to see who can be the better statue. When I say 'go,' we'll both strike a silly pose. The first person to move loses. Ready? Go!"

Strike a pose—the sillier, the better—and see how long you and your child can stay still. Play several rounds of the game, making a different pose each time.

When you're finished, say, "Those were some very unique statue poses! In our story today, the king built a statue, and everyone was supposed to bow down and worship it. But Shadrach, Meshach, and Abednego refused because they had integrity!"

## Talk About the Bible Story

Why did Shadrach, Meshach, and Abednego refuse to bow down and worship the king's statue? *(They knew that they should only worship God.)*

Do you think it was hard for Shadrach, Meshach, and Abednego to stand up for what was right? Why? *(If they refused to bow down, they'd be thrown into the fiery furnace.)*

Have you ever been in a situation where you had to stand up for someone or something you believed in?

Why is it important for us to stand up for what's right? *(We can make a difference, AND others will be able to see God working through us.)*

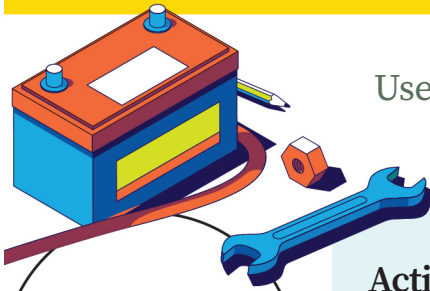
*Parent: Share about someone you know who lives in a way that honors God and helps you see what God is like.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, it can feel scary sometimes to stand up for people and things we believe in. It's not always easy to do what's right. But we know that when we do, other people will be able to see the difference You've made in our lives. Help us to be like Shadrach, Meshach, and Abednego and make choices that will honor You. We love You! Amen."



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### Key Question

When has  
someone helped  
you see God?

Use this guide to help your family learn how  
God can help us live with integrity.

## Activity

### Verb-ing

#### What You Need:

Index cards, writing utensil

#### What You Do:

Write the following verbs on the index  
cards (one word per card):

- Jump
- Hug
- Run
- Sniff
- Pet
- Punch
- Squat
- Blink

Then, mix up the cards. Say to your  
child, "You'll draw a card and look at it  
without letting me see it. Then, you'll act  
out the word on the card. I'll try to guess  
which action you're doing. Let's see how  
quickly we can guess all of the words  
correctly. Ready?"

Allow your child to act out each verb.  
Guess the action . . . but feel free to wait  
a few seconds before you guess so they  
really have to act out each one!

When you're finished, say, "Great job  
acting out those action words. You know,  
our actions are important. They actually  
show a lot about what we believe."

## Talk About the Bible Story

Why did Shadrach, Meshach, and Abednego refuse  
to bow down and worship the king's statue? *(They  
knew that they should only worship God.)*

What did their actions show about what they  
believed? *(Their actions showed that they believed  
in and followed God.)*

Why is it important for us to stand up for what's  
right? *(We can make a difference, AND others will  
be able to see God working through us.)*

*Parent: Share about someone you know who lives  
in a way that honors God and helps you see what  
God is like.*

## Prayer

Use this prayer as a guide, either after talking  
about the Bible story or sometime before bed  
tonight:

"Dear God, thank You for the people in the Bible who  
help us see You. Thank You for the people in our life  
today who also help us see You. We know that our  
actions can show a lot about our relationship with  
You. Please help us to honor You and live in a way  
that helps people see the difference You've made  
in our lives. We love You! Amen."