



PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



4. LIGHT AND DARK FREEZE DANCE

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: Small lamp or night light, music player, and this month's music

WHAT YOU DO:

BEFORE THE ACTIVITY: Plug in the night light or lamp in an area out of reach of the children. Leave this light on as the room lights are switched on and off during the activity.

DURING THE ACTIVITY: Play the music and encourage children to dance. When the lights turn off, everyone freezes. When lights go on, everyone moves. Repeat as desired.

AFTER THE ACTIVITY: Talk about how God created light and dark on the first day of creation.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Everyone spread out around me, and let's get ready to dance! We're going to play a fun freeze dance game today."

DURING THE ACTIVITY: "We learned that, in the very beginning, the world was dark. (*Turn off the room light.*) In our game, when the lights go off, everyone will freeze right where you are. When the lights turn on, (*turn lights on*) you can continue dancing around. Ready? (*Play music.*) And dance! (*Turn lights off.*) Everyone, freeze! (*Turn lights on.*) Dance! (*Repeat as desired.*) That was a fun freeze-dance game! Thank you for playing so well."

AFTER THE ACTIVITY: "In our Bible story, we heard that in the very beginning, there was nothing—no light. Only God was there. On day one, God said, 'Let there be light!' And there was light! The whole world was filled with beautiful, dazzling, shimmery light! God looked at all of that amazing light and saw that it was good! Then, God separated the light from the darkness. God called the light 'day' and the dark 'night.' That is why we have daytime and nighttime!

"Then on day two, God made a place for the deep, cool water below and created the wide, blue sky above the whole world! Only God can do that. God is so creative and powerful. **God made EVERYTHING! Who made everything? God made everything.**"

BIBLE STORY

On days one and two, God made the light and dark and the sky above the water.

**LIGHT AND DARK,
SKY ABOVE WATER
GENESIS 1:3-8**

MEMORY VERSE

"God saw everything he had made. And it was very good."

GENESIS 1:31, NIRV

KEY QUESTION

Who made everything?

BOTTOM LINE

God made everything.

BASIC TRUTH

God made me.



CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO REFLECT

an activity that encourages personal application and prayer



6. JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: "Memory Verse Card" Activity Page, Bible, cardstock, scissors, journal, and a fun-shaped pen

BIBLE STORY

On days one and two, God made the light and dark and the sky above the water.

**LIGHT AND DARK,
SKY ABOVE WATER
GENESIS 1:3-8**

"Now let's sit back down so we can write in our prayer journal and talk to God. Since God made the sky on day two (*hold up two fingers*), we'll make a list of things we see in the sky. Hmm. What are some things we see way up high in the great big sky? (*Remember to print as you write in the journal so the children can recognize their names and the letters.*) Thank you for helping me make this list. Would anyone like to pray before I pray?" (*Give each child who wants to pray the opportunity to do so.*)

PRAYER

"Dear God, it has been so amazing learning how You made the light AND dark on day one and the sky above the water on day two. Only You can do that! Help us remember that You made the sky every time we look up and see a (*read the list the children made*) in it. We love You, God! In Jesus' name, amen."

MEMORY VERSE

"God saw everything he had made. And it was very good."

GENESIS 1:31, NIRV

KEY QUESTION

Who made everything?

BOTTOM LINE

God made everything.

BASIC TRUTH

God made me.