

# Friendship is using your words and actions to show others you care.

Read: Proverbs 12:26

DAY

1

## Come Together

Get together with some friends or the members of your family and play a game of Blob Tag! The game of Blob Tag is like life with friends! You might start by yourself but, when you link arms with others, you create relationships that help you come together for good!

**LOOK** for friends that you can link arms with.

DAY

2

## A Friendly Hello

Draw a picture of you and one of your friends. Write a word or two about what you enjoy when playing with them. When you're done, give it to your friend and thank them for being a good friend!

**THANK** God for friends.

DAY

3

## Choose Wisely

Find a parent and have them read Proverbs 12:26 about godly friends. After they read it, think of the type of friend that you are and what type of friends you want to have.

**KNOW** that God can bring you the right friends!

DAY

4

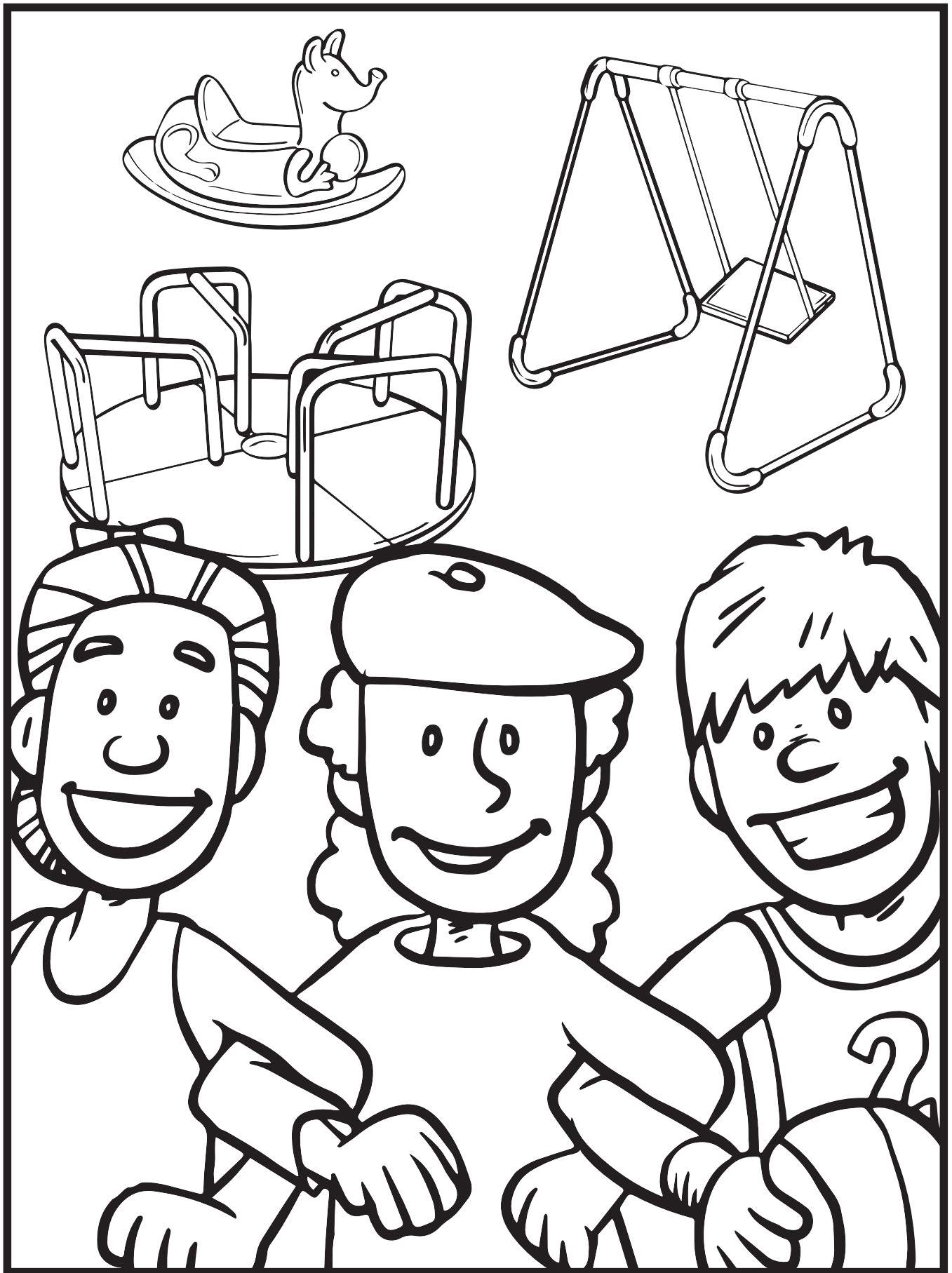
## Pray for Friends

We can pray and ask God for help finding the good friends. Take some time to thank God for the friends you have and the ones you will have.

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 "Dear God, Thank you for all of the friends that you have put in my life. I pray that I can be a good friend to them too. I pray I will choose the good friends you give to me. I love you, Amen."  
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**ASK** God to help you choose the right friends for you.

Choose your friends carefully.



# Friendship is using your words and actions to show others you care.

## DAY 1

### Read Ecclesiastes 4:9-10

This month, we're talking about friendship! Friendship is using your words and actions to show others you care! Name some of your favorite friends:

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Chances are, the people you listed are fun, helpful, kind, and encouraging! And hopefully, they would say the same thing about you. Good friends make everything better for sure.

Take a minute to pray and thank God for the friends you've listed above. Ask God to help you to be a good friend to them, to use words and actions that build them up and show you care. Because two people really are better than one!

## DAY 2

### Read Proverbs 22:24-25

We all lose our cool sometimes. But it's not fun to hang around someone who constantly loses their temper over something that shouldn't be such a big deal. That's why it's important to choose your friends carefully. Because when someone around you gets really upset about something silly, you could end up getting hurt. Or even, you could start to pick up their bad temper too.

Think about the kids at school or in your neighborhood that you regularly hang out with. Which of your friends can remain calm under pressure? Make sure you have friends like that in your closest circles. Because friends who keep their cool will help you keep yours too.

### Negative To Positive

Today's verse is full of things we shouldn't do! How could you rewrite today's verse to list what we should do instead? Fill in the blanks below:

"Choose friends with ..... Hang out with friends that stay ..... You might learn their habits. And then you'll be a ..... friend."



DAY 3

### Read I Corinthians 15:33

Today's verse reminds us that your closest friends can affect your own behavior. Their bad habits, their tempers, their tendency to say unkind things, might cause you to do the same. Even if that kid seems to be the coolest kid in your class, God reminds us not to be fooled.

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#### Memory Verse

Grab a piece of paper and write today's verse. As you write, ask God to help you not be fooled and to choose your friends carefully.

DAY 4

### Read Proverbs 13:20


Choosing friends carefully is a bit like camouflage! When we choose friends who are wise, we become wise. But the opposite is true too. If you surround yourself with people who make poor choices, you might find yourself making poor choices too.

It's easy to begin to look and act like the people you spend the most time with. That's why it's important to choose friends who will make you better, wiser, stronger, and kinder. Friends who follow Jesus and display the fruits of His Spirit like love, joy, peace, patience, kindness, and gentleness too.

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#### Cuttlefish Camo

With a parent's permission, check out some cuttlefish videos on YouTube. Watch how they change their appearance to blend in with their surroundings!



Choose your  
friends carefully.



Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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Day 1

After watching, write one thing that:

1. You liked:

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2. You learned:

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3. You'd like to know:

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Watch this week's episode of  
The So & So Show by going to:  
<https://bit.ly/PreteensSundaysatHome>  
Even if you already saw it at church,  
feel free to check it out again!



## Day 2

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### Read Ecclesiastes 4:9-12

Ask a parent or sibling to join you in acting out Ecclesiastes 4:9-12. You can hold up fingers, pretend to fall down, cuddle to keep warm, etc.

What do you notice about the passage as you act it out? Share with each other what you discovered.



## Day 4

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**Think back to the friend who you thanked God for yesterday—have you ever told that person what a good friend they are?**

Even if you have, people love to hear encouragement like that!

Track down your friend and tell them how you feel about them. Ask them how you can be a good friend to them!

If you are in a place where you don't have a really good friend, talk to God about it. Ask God to bring a good friend into your life. Then go talk to a parent or trusted adult and talk with them about it too—maybe they can give you some advice about how they've made good friends in their life.

## Day 5

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### Choose your friends carefully.

What are the things you look for in a friend? Grab a sheet of paper. Rewrite the qualities below in the order of importance to you, from most important to least important. Then keep the list nearby, and the next time you're in a situation to make new friends, make sure the people you're choosing to spend the most time with are people who match your priorities.

Funny  
Smart  
Kind  
Jesus-follower  
Generous  
Thoughtful  
Good listener  
Empathetic  
Wise  
Leader  
Loyal



## Day 3

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### Answer the following questions:

1. What makes someone a good friend?
2. Who is a good friend of yours?
3. What do they do that makes them a good friend?

Now take your answers and talk to God about friendship. If you have a good friend who you can trust, thank God for that person. Talk to God about how they are a good friend for you. If you are still looking for a friend like that, ask God to help you find a good friend. Be detailed in how you describe the friend you have or the friend you want to have, and then close by asking God to help you become that same kind of friend to others.