

Patience means waiting until later for what you want now.

WEEK
3
1ST

Read Ecclesiastes 7:8

DAY
1

So Hungry

Ask an adult to help you look up Ecclesiastes 7:8. What do you think this verse has to do with our Bible story from this week? Our verse says that patience is better than pride. Esau had a lot of pride. That means that he thought he knew what was best. Esau thought that he didn't have to wait. He was hungry and so he ate. When you are feeling impatient, it can be easy to settle for something that's not best for you in the long run. Esau gave up his inheritance just for a meal!

**Dear God,
Thank you for teaching me how to be patient.
Help me to be patient in all things. Amen.**

DAY
2

Waiting for Your Reward

We know that we can miss out on some pretty big things if we don't wait patiently so let's put our patience to the test. Ask your mom or dad to help you come up with a reward if you can show some big patience this month. Flip this page over to see your very own patience chart. Every time a family member sees you showing patience, you get a check mark. Once you get 10 check marks, you get your reward!

Look for ways to show patience this week!

DAY
3

Don't Burn Your Tongue

What could you miss out on if you don't wait? God has big plans in store for you, but if you decide that you don't want to wait for His plan and you choose your own plan, then you may miss out on something big. Ask an adult if they can help you bake some cookies or brownies. What do you think this has to do with patience? We have to wait for the cookies to bake and then we have to wait for them cool or guess what? You will burn your tongue! Whether it's cookies or God's plan for your life, if you don't wait, it can cost you.

Remember God has a plan for you.

DAY
4

Impatient Eggs

What does it look like when you are impatient? Maybe you lost your temper or get mad. Ask a family member to play a game with you that is really going to test everyone's patience. It's called the spoon and egg game. Ask an adult for two spoons and two eggs. Go outside and decide on a starting line and a finish line. In order to win, you must cross the finish line without dropping your egg. Ready, set, go, but don't be impatient or you'll drop your egg!

Ask God to help you be patient.

*If you don't wait
it could cost you.*

PARENT CUE

My Patience Chart

I'm a patient person!

I was patient today!

I was patient today!

I showed patience today!

I showed patience today!

I'm a patient person!

I'm a patient person!

I was patient today!

I was patient today!

I showed patience today!

REWARD:

Patience means waiting until later for what you want now.

WEEK
3
2ND-3RD

DAY 1

Read Proverbs 15:18

Ever play the blame game? Ever point a finger at someone else as if to say, "It's not my fault. It's her fault?"

Be honest. No one else has to hear your answer. Does the blame game stir things up and or calm them down?

The next time you find yourself in an argument with a friend or sibling, stop and ask yourself a simple question: "Am stirring things up or working to calm them down?" If you're stirring things up, take a deep breath and then try to respond with patience instead.

Find a friend and play the patience game. Sit on the floor to face each other. The object of the game is to sit completely still as you stare at each other. The first person to laugh, loses. Play again and time yourselves to see how long you can go before someone "loses" it.

DAY 2

Read 1 Corinthians 13:4

Jesus said that the number one thing we can do is love. Love God and love others. Today's verse reminds us what love looks like. It's kind. It's not jealous or braggish or proud. But the first part of the verse might actually be the hardest.

Love is patient. Love doesn't hurry or yell or push to the front or insist one way is the only way. Love lets others go first. Love waits it's turn.

Think back over your day. Were you impatient with anyone? What happened? What could you have done differently to help you focus on showing love to that person instead of impatience?

On a piece of paper, write out the words "LOVE IS PATIENT" in big block letters. Decorate the page with lots of color so it will really stand out. Post your masterpiece on the fridge or in another prominent place where everyone in your home can see it. Each time you read it, ask God to help you show love to others by choosing to be patient. Then thank Him for always being patient with you.

PARENT CUE

DAY 3

Read Ecclesiastes 7:8-9

Do you know what a fool is? A fool is someone who makes unwise decisions. No one wants to be called a fool.

When you're waiting, what if you thought about the end instead of the beginning? In the end, don't you want to be seen as a wise, patient person? Don't you want to be the kind of friend others can trust and depend on?

When you fly off the handle, when you interrupt because you think what you have to say is more important, when you push ahead when you're not prepared, it could cost you. You might look foolish. **It's better to choose patience.**

DAY 4

Read Proverbs 16:32

According to our verse today, what's better? To choose patience or to lose your temper? Instead of fighting or insisting your way is right, it's better to take a deep breath. It's better to calm down before you blow up. Becoming frustrated and impatient won't solve the problem. So, instead of blowing up, what if you tried these steps instead:

Calm It Down Steps

1. Stop
2. Count to 10
3. Try again

When you're not patient, it could cost you. You could end up hurting others by saying something unkind that you don't mean. You could even end up hurting yourself. **So the next time you're about to lose control because you think you can't wait, stop, count to ten, and then try again. Ask God to help you so you can protect yourself and others.**

*If you don't wait,
it could cost you.*

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHAT COULD YOU MISS OUT ON BY NOT WAITING?



Download the free Parent Cue App
AVAILABLE FOR IOS AND ANDROID DEVICES

4th-5th

Week 3



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

➡ Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

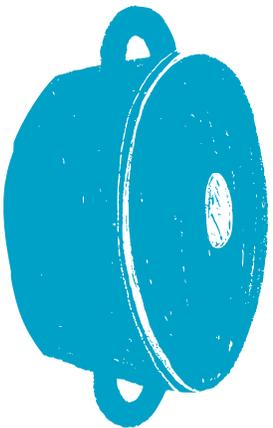


Day 2

Read Genesis 25:24–34 out loud, but instead of reading the way you normally do, read it as though you're performing on a stage, or sharing the story with a little kid.

Use lots of energy and enthusiasm. Use dynamics—get soft when you're talking about Jacob, and get loud and animated when you're reading things Esau says. Be as dramatic as you can, and maybe even try acting out some of the physical cues in the story.

How did it feel to do that? Even if you felt silly, did you perhaps pick up on some details you missed before because you were acting it out? If so, write them here: _____



Day 3

Did you know it's possible to pray silently?

You probably do it all the time without even realizing it. Maybe when you're in school and you're struggling to figure out the answer to the test, you might silently ask God to help you remember what you studied. Or when you see beauty outside, like a majestic mountain or the endless sea, you might silently thank God by recognizing His creation.

In many ways, silent prayer takes patience. It means instead of filling the space with a lot of your words, you're sitting quietly, perhaps thinking prayers to God, or maybe just listening to see what He might have to say to you.

Try it today. You can set a timer for a few minutes if you'd like. Try just focusing on God, His goodness, or His creation. Think about the things He's done for you, the truth about Who He is and just sit in the stillness. Don't miss what God might have to say to you in the silence.

Day 4

Just like we can learn from the stories of people like Jacob and Esau in the Bible, we can also learn from our friends and family and their stories.

Today, you're going to do just that. Grab a sheet of paper and a pen. Then go around and interview everyone you can find. Ask them the following questions:

- 1) Have you ever missed out on something because you didn't wait?
- 2) If yes, what do you wish you had done differently?
- 3) If no, what is something that you work hard at being patient so that you won't miss out?



Day 5

What could you miss out on by not waiting?

Esau missed out on a lot—his entire inheritance as the first born—because he didn't wait. You probably won't miss out on your inheritance, but your conversations with your friends and family yesterday may have given you some ideas of what you might miss out on if you don't wait.

So how do you wait? One thing that can help is by memorizing truth from God's Word that can give you the strength you need. If you haven't already, work on memorizing this month's Bible verse:

Wait for the Lord. Be strong and don't lose hope. Wait for the Lord, Psalm 27:14, (NIV-V).

Here are some tips for memorizing:

- 1) Break it down into smaller pieces.
- 2) Read it out loud.
- 3) Write it down.
- 4) Come up with motions for the words.
- 5) Repeat it a lot!

In fact, writing it down is great because you can also encourage others by hanging the words in a place someone else will see them. Write out Psalm 27:14 (feel free to use fun markers and fancy fonts!) and hang it in the kitchen or by the door everyone uses. It will remind everyone in your family to wait for the Lord!